

**MULLERATERONG CENTRE INC.**  
2011 / 2012  
**ANNUAL REPORT**



**M** mulleraterong  
centre inc  
disability support  
choice empowerment support inclusion outcomes

**58th ANNUAL REPORT**

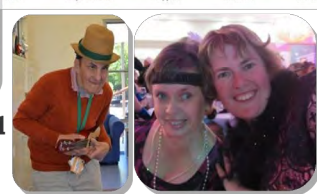


MULLERATERONG CENTRE INC  
2014/2015  
YEAR BOOK

June 2014 July 2015



**M** mulleraterong  
centre inc  
disability support  
choice empowerment support inclusion outcomes



**60th Annual Report**



July 2015

June 2016

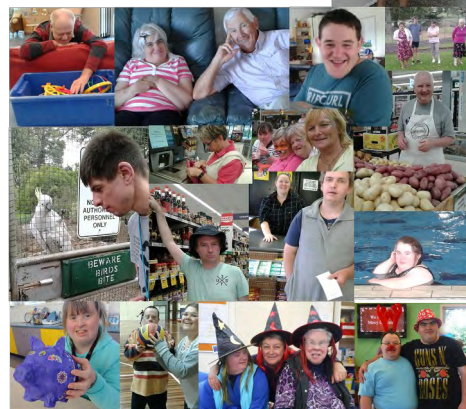


**M** mulleraterong  
centre inc  
disability support  
choice empowerment support inclusion outcomes

**61st Annual Report**  
July - June  
2016 - 2017



mulleraterong centre inc  
62nd annual report  
July 2017 - June 2018



mulleraterong centre inc  
63rd annual report  
July 2018 - June 2019



Annual Report 2019/2020



**OUR PURPOSE**  
To provide person-centred supports to engage clients in activities of their choice that contribute to their goals

**OUR VISION**  
To provide supports that contribute positively to the quality of people's lives

mulleraterong  
centre inc  
65th annual  
report  
July 2020  
-  
June 2021



**mulleraterong**  
centre inc

disability support

choice

empowerment

support

inclusion

outcomes

## Purpose

**Mulleraterong Centre is committed to delivering efficient and effective services which are individualized, responsive and delivered within a framework of respect for human rights.**

## Vision

**To promote the advancement of accessible and inclusive communities which respect and value all of its members.**



**NDIS Registered  
Provider**





**2020 / 2021**

## **BOARD OF MANAGEMENT**

|                |   |
|----------------|---|
| President      | Sam Dohle (outgoing Nov 2020)<br>Rebecca Morton (from Nov 2020) |
| Vice President | Kara Winderlich   |
| Treasurer      | Tim Hallam  |
| Secretary      | Michael Shanahan  |
| Member         | Robyn Linke   |
| Member         | Sharon Muldoon  |
| Member         | Fiona Musson  |
| Member         | Nicole Kerr   |

## **LIFE MEMBERS**

\*L. Mouat, \*A. Tew, \*K. Daffey, \*P. Shiells, \*B. Scott,  
\*P. Row, B. Ladd, R. Thompson, G. Linke, T Gurry, D Cameron  
(\* deceased)

## **AUDITOR**

Sinclair Wilson

## **TEAM**

|                   |                  |                  |
|-------------------|------------------|------------------|
| Kate Addinsall    | Jacqui Bain      | Casey Barker     |
| Michael Borrodell | Ashleigh Carrigg | Ellen Casey      |
| Julie Donovan     | Alison Dunn      | Frank Fletcher   |
| Janette Gilding   | Sallie Glare     | Brodie Golding   |
| Ally Gordon       | Melissa Gould    | Barbara Harnden  |
| Pa-lin Henry      | Joyleen Lehmann  | Priya Mathew     |
| Bev McDonald      | Miranda McKelvie | Dennis Merryfull |
| Pauline Perkins   | Annette Read     | Andy Ross        |
| Rick Rowbottom    | Jesse Shannahan  | Anthony Ung      |
| Donna Vaughan     | Kim Wallace      | Marcia Worthy    |

## **VOLUNTEERS**

|                 |                |                  |
|-----------------|----------------|------------------|
| Joyleen Lehmann | Sam Dohle      | Rebecca Morton   |
| Kara Winderlich | Tim Hallam     | Michael Shanahan |
| Robyn Linke     | Sharon Muldoon | Fiona Musson     |
| Nicole Kerr     |                |                  |

# 2020 / 2021 Board of Management



Sam Dohle  
Outgoing

President until Nov 2020

Sam was born and educated in the Hamilton district. He completed Tertiary studies in Agriculture and Commerce at Melbourne University and Lincoln University NZ. Sam has been employed in the banking industry for over 24 years since graduating. During this time he has completed a Graduate Diploma in Finance and is an associate member of FINSIA. Sam runs a grazing enterprise with his wife and family, they have two children. He enjoys hunting and rugby. In addition to Mulleraterong I am a member of a local show committee and a financial advisory service."

Becky moved to Hamilton from Melbourne in 1984 to work for the Department of Agriculture in the Veterinary Laboratory in Animal Health Research and Diagnostics. When the laboratory closed in 1996 Becky started working in the community sector and held a number of part-time and casual positions in the sector. She was Coordinator of the Frances Hewett Community Centre from 1996 to 1999. In 1998 Becky became Coordinator of the Hamilton Community House, a position she held until 2003 when she joined Western District Health Service as Coordinator of the South West Community Transport Program. Becky retired from this position in January 2017.

As a student in Melbourne in the 1970's Becky volunteered for a range of organisations that provided recreational programs for children with disabilities. She also volunteered for Arts Access; a program that endeavoured to connect people with disabilities to arts programs. Throughout her working life she has maintained an interest in supporting people with disabilities.

Becky is passionate about the importance of accessible transport that enables all people to participate in their community and access services they need.



Rebecca Morton  
President



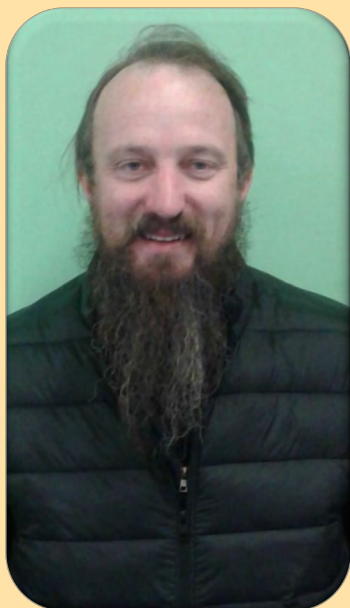
Kara Winderlich  
Vice President

Kara was born and educated in the Hamilton region and has completed tertiary education in Risk and Compliance, Business Management and Human Resources.

Kara is currently the Risk Management Coordinator at Southern Grampians Shire Council where she has worked since 2017. Her role includes strategic risk, business continuity, insurance and compliance.

In her spare time she enjoys volunteering in the community, reading, gardening, being outdoors and spending time with family and friends.

# 2020 / 2021 Board of Management



Tim Hallam  
Treasurer

Tim joined the Mulleraterong Board of Management in November 2019 and is currently acting as Treasurer.

After growing up in Hamilton and attending Hamilton High School, Tim completed Bachelor degrees in Law and Commerce (majoring in Accounting) at Deakin University in Geelong and then spent time working in Melbourne, Port Fairy, Warrnambool and Ballarat. Tim relocated to Hamilton with his wife Michelle in 2008.

Tim has operated the start-up legal practice Hallam Legal, as a sole practitioner since 2015, where he practices mainly in property and commercial law, and brings a wide variety of business and legal skills from this experience to the Mulleraterong BOM. Tim is also a current member of the Monivae College Board, being appointed to this position in January 2013.

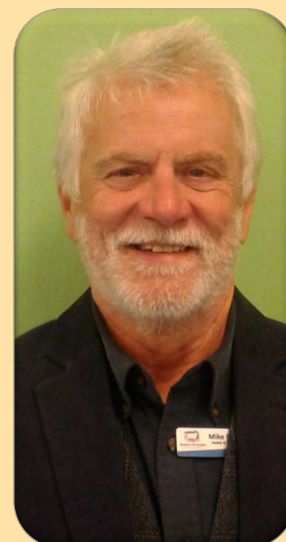
In his spare time, Tim plays music, mainly the violin and drums, and has been an active member of the Hamilton Symphony Orchestra since 2010.

Mike joined the Mulleraterong Centre Board of Management in 2019 and is currently fulfilling the role of Secretary.

An OHS professional, Mike has worked extensively in heavy industry, shipping, power production, and then in the horticultural industry as a consultant, landscape designer, construction contractor and educator.

Mike is a Fellow of the Australian Institute of Landscape Designers and Managers, a past chairman and past board member. Mike served on the NSW Primary Industries Training Advisory Body during the development and national implementation of the VET Primary Industries Training Packages.

As a horticulture and land management educator, Mike worked extensively in the NSW TAFE system, with a focus on teaching in forensic mental health and correctional facilities in NSW. With qualifications in Marine Engineering, Applied Science, Horticulture, Conservation and Land Management and OHS and Risk, Mike brings a variety of skills and knowledge to the Board of Mulleraterong.



Michael Shanahan  
Secretary



Sharon Muldoon  
Member

Sharon joined the Mulleraterong BOM in March 2019 after having recently retired from working in community, disability services and health sectors of government for the past 36 years. She has held senior management positions including National Operations/Project Management roles for Vision Australia.

During many years as Director of South West Healthcare, Sharon held various roles including three years as Board Chair, and brings to her role at Mulleraterong extensive experience in client services, strategic planning and governance. Sharon has excellent knowledge of local services and has worked closely with agencies and organisations across a wide spectrum of support services available to clients in a rural region.

# 2020 / 2021 Board of Management



Fiona Musson

Fiona grew up and studied in Melbourne, completing degrees in psychology, theatre, and dance at Rusden. She then lived in England for 6 years and worked in banking and for the Department of Social Security.

Fiona and her family moved to the Western District in 1996 and set up a grass roots, profit and efficiency driven dairy farming business (now also a beef enterprise). Fiona has completed a Diploma of Business, Diploma of Human Resource Management, and Diploma of Management in between creative pursuits and runs the accounting, payroll and HRM for nine permanent staff plus many contractors.

Fiona's second eldest child of 4 currently attends Mulleraterong Centre and participates in cooking and independent living, swimming, art & crafts and volunteers on Meals on Wheels.

Fiona brings a family member and carer's perspective to the Board.

Robyn has been a member of the Board of Management since 2011 and says it was an honour to be invited to do so.

Robyn is a local person growing up in the Balmoral region during primary school years, and returning twenty years later with her family to settle in the Hamilton region.

After raising three sons with her husband Graeme, teaching and working in Graeme's office, she is now enjoying a more relaxed lifestyle in her retirement. Robyn enjoys spending time bike riding, swimming, walking, beginners golf, bridge, reading and spending more time with friends.

Robyn trusts that she can offer assistance to Mulleraterong as a BOM member, and looks forward to a continuing involvement in the future.



Robyn Linke

Nicole grew up in Melbourne and has been living interstate for the past twenty years, in Port Lincoln, Adelaide and Darwin. Her husband grew up in the Western District, so when a job opportunity arose here in 2018, both Nicole and her husband were delighted to be able to move back to Victoria.

Nicole has been working as a doctor for nearly twenty years. Before that she was a secondary school science teacher and prior to teaching, Nicole was a full-time mum.

Nicole enjoys all aspects of general practice including working with patients from a variety of cultural and socio-economic backgrounds, including patients with substance abuse.

Nicole enjoys hiking and gardening and hiked 1,000 km along the Heysen Trail in South Australia, over two months in 2021.



Nicole Kerr

# Life Mem-



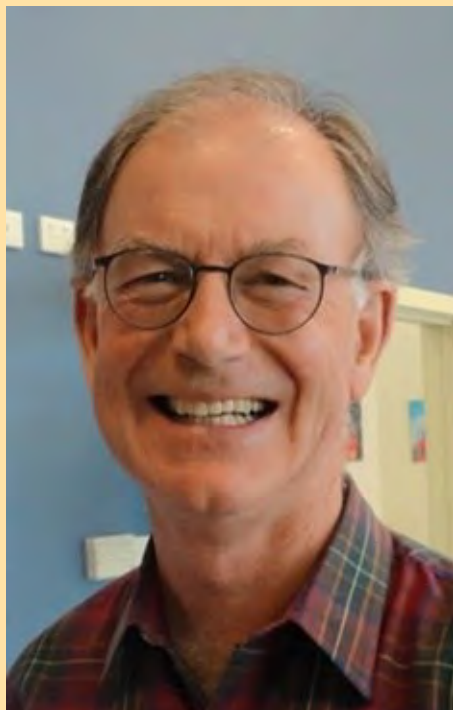
Barry Ladd  
1970 - 1978  
Committee of  
Management



Roger Thompson  
1989 - 2002  
Committee of  
Management



David Cameron  
1992 - 2018  
Staff



Tony Gurry  
1994 - 2012  
Committee of  
Management



Graeme Linke  
1997 - 2003  
Committee of  
Management

# Board of Management President's Report

It is my pleasure to present the 2020 / 2021 annual report from the Board of Management of Mulleraterong Centre Incorporated (MCI).

What a year it has been; we started the year in lockdown 2.0 and we finished it somewhere between lockdown 4.0 and 5.0. I'm sure most of us thought it would all be over by now and things would have returned to normal.

The constant changes have been disruptive but despite the ongoing restrictions and uncertainty created by COVID-19, Mulleraterong has been able to offer safe services and activities to clients. The fact that we have been able to continue operating is due to staff at all levels of the organisation and our volunteers. On behalf of the Board of Management I would like to thank them for their commitment and dedication to Mulleraterong and to our clients.

With all the lockdowns we have experienced and the changed services Mulleraterong has been able to offer, the Board expected to end the financial year with a significant deficit in the budget. The support of the Federal Government's Jobkeeper payments and other financial supports means that Mulleraterong has achieved a good financial outcome for the year.

COVID-19 also impacted MCI's strategic planning process with Tony Hollamby, the Facilitator unable to leave Melbourne until the beginning of 2021. The Board is pleased that staff and parents and carers have all had input into the plan. Mulleraterong's strategic plan has been finalised and the Board looks forward to its implementation in the coming year.



Sam presenting Diane with a certificate of attendance

This year the Board of Management farewelled Sam Dohle. Sam joined in Feb 2011 and served on the Board as Treasurer and President until 2020 and I would like to acknowledge his contribution and thank him for his support of Mulleraterong.

The year has not been without its challenges for the Board with many of us having to develop new skills with technology as meetings were conducted by Zoom during lockdown in 2020. I would like to thank all members for their input and their support this year.

I hope that the coming year will bring us all less lockdowns and freedom to get together with family and friends.



Board of Management members Rebecca Morton, Michael Shanahan, Fiona Musson, Kara Winderlich, Robyn Linke and Sam Dohle.

## Becky Morton



MULLERATERONG CENTRE INC.

Statement of Comprehensive Income  
For the Year Ended 30 June 2021

|  | Note | 2021<br>\$       | 2020<br>\$       |
|--|------|------------------|------------------|
| <b>Income</b>                                      |      |                  |                  |
| Client Fees  |      | 1,596            | 2,135            |
| Donations  |      | 1,118            | 2,140            |
| Covid Subsidies                                    |      | 55,000           | 50,000           |
| Government Jobkeeper                               |      | 408,300          | 183,000          |
| Interest Received                                  |      | 28,317           | 45,544           |
| Member Subscriptions                               |      | 245              | 223              |
| Pool Fees  |      | 1,869            | 3,125            |
| Profit /(loss on sale of Fixed Assets)             |      | -                | 16,190           |
| Programs Income                                    |      | 10,093           | 18,489           |
| NDIS Funding                                       |      | 1,430,155        | 1,564,760        |
| Sundry Income                                      |      | 1,005            | 5,567            |
| Wage Reimbursement                                 |      | 17,474           | -                |
| Workcover refund                                   |      | -                | 18,192           |
| <b>Total Income</b>                                |      | <b>1,955,172</b> | <b>1,909,365</b> |
| <b>Expenditure</b>                                 |      |                  |                  |
| Accounting & Audit                                 |      | 14,500           | 8,200            |
| Advertising  |      | 1,950            | 1,813            |
| Bad Debt   |      | 12               | 207              |
| Centre Requisites                                  |      | 11,378           | 6,455            |
| Cleaning   |      | 37,407           | 41,495           |
| Consultancy  |      | 7,475            | 21,905           |
| Electricity & Gas                                  |      | 17,591           | 21,586           |
| Hospitality Requisites                             |      | 2,160            | 2,867            |
| Insurance  |      | 21,675           | 11,220           |
| Loss on Disposal of Assets                         |      | 2,670            | -                |
| Payroll Costs                                      |      | 8,674            | 6,843            |
| Printing & Stationery                              |      | 2,781            | 3,165            |
| Program Expenses                                   |      | 6,638            | 15,278           |
| Quality Assurance Audit                            |      | 5,525            | -                |
| Rates  |      | 4,957            | 5,188            |
| Recoupment of DHHS Funding                         |      | 35,510           | -                |
| Repairs and Maintenance                            |      | 15,165           | 16,584           |
| Salaries   |      | 1,089,443        | 1,174,438        |
| Staff Training                                     |      | 1,877            | 6,401            |
| Subscriptions                                      |      | 15,909           | 10,075           |
| Sundry Expenses                                    |      | 232              | 2,614            |
| Superannuation                                     |      | 95,582           | 113,850          |
| Telephone & Internet                               |      | 5,087            | 6,077            |
| Transport  |      | 14,038           | 23,089           |
| Workcover  |      | 25,199           | 26,191           |
| <b>Total Expenditure</b>                           |      | <b>1,443,435</b> | <b>1,525,541</b> |
| <b>Net Income for the year before depreciation</b> |      | <b>511,737</b>   | <b>383,824</b>   |
| <b>Depreciation Expense for the Year</b>           |      | <b>(118,964)</b> | <b>(119,396)</b> |
| <b>Comprehensive Surplus / (Loss)</b>              |      | <b>392,773</b>   | <b>264,428</b>   |

The Accompanying notes form part of this Financial Report

MULLERATERONG CENTRE INC.

Statement of Financial Position  
As at 30 June 2021

| Assets                               | Note | 2021<br>\$       | 2020<br>\$       |
|--------------------------------------|------|------------------|------------------|
| <b>Current Assets</b>                |      |                  |                  |
| Cash and Cash Equivalents            | 2    | 630,159          | 276,876          |
| Investments                          | 2    | 2,406,647        | 2,228,396        |
| Receivables                          | 3    | 75,788           | 99,090           |
|                                      |      | <u>3,112,594</u> | <u>2,604,362</u> |
| <b>Non Current Assets</b>            |      |                  |                  |
| Property , Plant and Equipment       | 4    | 1,752,646        | 1,844,763        |
| <b>Total Assets</b>                  |      | <u>4,865,240</u> | <u>4,449,125</u> |
| <b>Liabilities</b>                   |      |                  |                  |
| <b>Current Liabilities</b>           |      |                  |                  |
| Trade and Other Payables             | 5    | 59,368           | 31,078           |
| Employee Provisions                  | 6    | 269,475          | 275,882          |
|                                      |      | <u>328,843</u>   | <u>306,960</u>   |
| <b>Non Current Liabilities</b>       |      |                  |                  |
| Employee Provisions                  | 6    | 4,238            | 2,779            |
| <b>Total Non Current Liabilities</b> |      | <u>4,238</u>     | <u>2,779</u>     |
| <b>Total Liabilities</b>             |      | <u>333,081</u>   | <u>309,739</u>   |
| <b>Net Assets</b>                    |      | <u>4,532,159</u> | <u>4,139,386</u> |
| <b>Members Funds</b>                 |      |                  |                  |
| Retained Surplus                     |      | 4,532,159        | 4,139,386        |
| <b>Total Members Funds</b>           |      | <u>4,532,159</u> | <u>4,139,386</u> |

MULLERATERONG CENTRE INC.

Statement of Changes in Equity

For the Year Ended 30 June 2021

|                                | Notes | Retained<br>Earnings<br>\$ | Total<br>\$      |
|--------------------------------|-------|----------------------------|------------------|
| Balance at 1 July 2019         |       | 3,874,958                  | 3,874,958        |
| Profit (loss) attributable     |       | 264,428                    | 264,428          |
| Transfers to and from reserves |       | -                          | -                |
| Balance at 30 June 2020        |       | <u>4,139,386</u>           | <u>4,139,386</u> |
| Profit (loss) attributable     |       | 392,773                    | 392,773          |
| Transfers to and from reserves |       | -                          | -                |
| Balance at 30 June 2021        |       | <u>4,532,159</u>           | <u>4,532,159</u> |

MULLERATERONG CENTRE INC.

Statement of Cashflows  
As at 30 June 2021

|   | Note     | 2021<br>\$       | 2020<br>\$       |
|---|----------|------------------|------------------|
| <b>Cash Flow from Operating Activities</b>        |          |                  |                  |
| Receipts from operating activities                |          | 1,950,157        | 1,785,731        |
| Interest received                                 |          | 28,317           | 45,544           |
| Payments to suppliers                             |          | (227,450)        | (267,000)        |
| Payments to employees                             |          | (1,189,973)      | (1,328,229)      |
| <b>Net cash provided by operating activities</b>  | <b>7</b> | <u>561,051</u>   | <u>236,046</u>   |
| <b>Cash Flow from Investing Activities</b>        |          |                  |                  |
| Proceeds from sale of property, plant & equipment |          | -                | 18,000           |
| Payment for property, plant & equipment           |          | (29,517)         | (29,785)         |
| <b>Net cash used in investing activities</b>      |          | <u>(29,517)</u>  | <u>(11,785)</u>  |
| Net increase/(decrease) in cash held              |          | 531,534          | 224,261          |
| Cash at the beginning of Financial Year           |          | <u>2,505,272</u> | <u>2,281,011</u> |
| <b>Cash at the end of Financial Year</b>          | <b>2</b> | <u>3,036,806</u> | <u>2,505,272</u> |

## MULLERATERONG CENTRE INC.

### Notes to and forming part of the Financial Statements for the year ended 30 June 2021

#### 1. Statement of Accounting Policies

The financial statements are special purpose financial statements prepared in order to satisfy the financial reporting requirements of the Centres Incorporation Reform Act 2012 and is a Charity registered under the Australian Charities and Not-for-profits Commission Act 2012 .

The Committee have prepared the financial statements on the basis that the entity is a non-reporting entity because there are no users dependant on general purpose financial statements. These financial statements are therefore special purpose financial statements that have been prepared in order to meet the requirements of the Centres Incorporation Reform Act 2012. The Centre is a not-for-profit entity for financial reporting purposes under the Australian Accounting Standards.

The financial statements (exempt for cash flow information) have been prepared on an accruals basis and are based on historical costs and do not take into account changing money values or, except where stated specifically, current valuations of non-current assets. The amounts presented in the financial statements have been rounded to the nearest dollar.

The following material accounting policies, which are consistent with the previous period unless otherwise stated, have been adopted in the preparation of this financial report. Material accounting policies adopted in the preparation of these financial statements are presented below and have been consistently applied unless stated otherwise. The financial statements were authorised for issue by the Committee as per the Committee Statement.

#### Accounting Policies

##### a. Income Tax

The Committee believe the Centre is exempt from the payment of tax under Section 50-10 of the Income Tax Assessment Act 1997.

##### b. Property, Plant and Equipment - Impairment

Each class of property, plant and equipment is carried at cost or fair value as indicated less, where applicable, any accumulated depreciation and impairment losses. Property, land and buildings are carried at their fair value and based on the market valuation periodically, obtained from an independent valuer which determines the value.

The carrying amount of property, plant and equipment is reviewed annually by Council to ensure it is not in excess of the recoverable amount from these assets. The recoverable amount is assessed on the basis of the expected net cash flows that will be received from the assets' employment and subsequent disposal. The expected net cash flows have been discounted to their present values in determining recoverable amounts.

## MULLERATERONG CENTRE INC.

### Notes to and forming part of the Financial Statements for the year ended 30 June 2021 (continued)

1. **Statement of Accounting Policies (cont.)**

b. **Property, Plant and Equipment - Impairment (cont.)**

In the event the carrying amount of plant and equipment is greater than the recoverable amount, the carrying amount is written down immediately to the estimated recoverable amount. A formal assessment of recoverable amount is made when impairment indicators are present (refer to Note 1(f) for details of impairment).

Plant and equipment that have been contributed at no cost, or for nominal cost, are recognised at the fair value of the asset at the date it is acquired.

Improvements (buildings) have been built on crown land of which Mulleraterong Centre Inc. have been situated on since 1961.

Gains and losses on disposals are determined by comparing proceeds with the carrying amount. These gains or losses are recognised in profit or loss in the period in which they arise. When revalued assets are sold, amounts included in the revaluation surplus relating to that asset are transferred to retained earnings.

c. **Superannuation**

The Centre contributes employer superannuation on behalf of permanent employees receiving greater than \$450 per month. The Centre is not legally obligated to contribute greater than 10% superannuation guarantee levy.

d. **Employee Benefits**

**Short-term employee provisions**

The current portion for this provision includes the total amount accrued for annual leave entitlements and the amounts accrued for long service leave entitlements that have vested due to employees having completed the required period of service. Short-term employee benefits are benefits (other than termination benefits) that are expected to be settled wholly before 12 months after the end of the annual reporting period in which the employees render the related service. Short-term employee benefits are measured at the (undiscounted) amounts expected to be paid when the obligation is settled. Based on past experience, the Centre does not expect the full amount of annual leave or long service leave balances classified as current liabilities to be settled within the next 12 months. However, these amounts must be classified as current liabilities since the Centre does not have an unconditional right to defer the settlement of these amounts in the event employees wish to use their leave entitlement.

## MULLERATERONG CENTRE INC.

### Notes to and forming part of the Financial Statements for the year ended 30 June 2021 (continued)

#### 1. Statement of Accounting Policies (cont.)

##### Other long-term employee provisions

The non-current portion for this provision includes amounts accrued for long service leave entitlements that have not yet vested in relation to those employees who have not yet completed the required period of service. Other long-term employee benefits are measured at the present value of the expected future payments to be made to employees. Expected future payments incorporate anticipated future wage and salary levels, durations of service and employee departures, and are discounted at rates determined by reference to market yields at the end of the reporting period on government bonds that have maturity dates that approximate the terms of the obligations. Upon the remeasurement of obligations for other long-term employee benefits, the net change in the obligation is recognised in profit or loss as part of employee provisions expense.

The Centre's obligations for long-term employee benefits are presented as non-current employee provisions in its statement of financial position, except where the company does not have an unconditional right to defer settlement for at least 12 months after the end of the reporting period, in which case the obligations are presented as current employee provisions.

#### e. Revenue

Non-reciprocal grant revenue is recognised in profit or loss when the entity obtains control of the grant and it is probable that the economic benefits gained from the grant will flow to the entity and the amount of the grant can be measured reliably.

If conditions are attached to the grant which must be satisfied before the entity is eligible to receive the contribution, the recognition of the grant as revenue will be deferred until those conditions are satisfied.

When grant revenue is received whereby the entity incurs an obligation to deliver economic value directly back to the contributor or third party, this is considered a reciprocal transaction and the grant revenue is recognised in the statement of financial position as a liability until the service has been delivered; otherwise the grant is recognised as income on receipt.

Non-reciprocal contributions of assets from the government and other parties for zero or a nominal value. These assets are recognised at fair value on the date of acquisition in the statement of financial position, with a corresponding amount of income recognised in profit or loss.

## MULLERATERONG CENTRE INC.

### Notes to and forming part of the Financial Statements for the year ended 30 June 2021 (continued)

#### 1. Statement of Accounting Policies (cont.)

##### e. Revenue (cont.)

Donations and bequests are recognised as revenue when received.

Interest revenue is recognised as it accrues using the effective interest method, which for floating rate financial assets is the rate inherent in the instrument.

Revenue from the rendering of a service is recognised upon the delivery of the service to the customer. All revenue is stated net of the amount of goods and services tax.

##### f. Cash and Cash Equivalents

Cash and cash equivalents include cash on hand, deposits held at call with banks, other short term highly paid liquid investments with original maturities of three months or less and bank overdrafts.

##### g. Goods and Services Tax (GST)

Revenues, expenses, and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Tax Office (ATO). Receivables and payables in the Balance sheet are shown inclusive of GST. The net amount of GST recoverable from, or payable to the ATO is included with other receivables or payables in the statement of financial position. Cash flows are presented on an exclusive basis. The GST components of cash flows arising from investing or financing activities which are recoverable from or payable to, the ATO are presented as operating cashflows included in receipts from customers or payments to suppliers.

##### h. Impairment of Assets

At each reporting date, the Centre assesses whether there is any indication that an asset may be impaired. The assessment will consider both external and internal sources of information. If such an indication exists, an impairment test is carried out on the asset by comparing the recoverable amount of that asset, being the higher of the asset's fair value less costs of disposal and its value-in-use, to the asset's carrying amount. Any excess of the asset's carrying amount over its recoverable amount is immediately recognised in profit and loss.

Where an impairment loss on a revalued asset is identified, this is debited against

##### i. Comparative Figures

When required by Accounting Standards, comparative figures have been adjusted to conform with changes in presentation for the current financial year.



**MULLERATERONG CENTRE INC.**

**Notes to and forming part of the Financial Statements  
for the year ended 30 June 2021 (continued)**

|   | 2021             | 2020             |
|---|------------------|------------------|
|   | \$               | \$               |
| <b>2. Cash and Cash Equivalents</b>   |                  |                  |
| Cash at bank and in hand  | 630,159          | 276,876          |
|   | 630,159          | 276,876          |
| <b>Reconciliation of Cash:</b>  |                  |                  |
| Cash at the end of the financial year as shown in the cash flow statement is reconciled to items in the balance sheet as follows: |                  |                  |
| Cash and cash equivalents   | 630,159          | 276,876          |
| Short term Bank Deposits  | 2,406,647        | 2,228,396        |
|   | 3,036,806        | 2,505,272        |
| <b>3. Receivables</b>   |                  |                  |
| Trade Receivables   | 69,225           | 37,933           |
| Job Keeper Sundry Debtor  | -                | 60,000           |
| GST Receivable  | 6,563            | 1,157            |
|   | 75,788           | 99,090           |
| <b>4. Leasehold Improvements, Plant &amp; Equipment</b>   |                  |                  |
| Leasehold Improvements (a)  | 2,742,436        | 2,740,881        |
| Less Accumulated Depreciation   | (1,103,316)      | (1,020,403)      |
| <b>Total Leasehold Improvements</b>   | <b>1,639,120</b> | <b>1,720,478</b> |
| Plant and Equipment at Cost   | 122,063          | 138,737          |
| Less Accumulated Depreciation   | (80,993)         | (113,154)        |
|   | 41,070           | 25,583           |
| Motor Vehicles at Cost  | 292,828          | 292,828          |
| Less Accumulated Depreciation   | (228,192)        | (203,072)        |
|   | 64,636           | 89,756           |
| Furniture & Fittings at Cost  | 33,935           | 33,935           |
| Less Accumulated Depreciation   | (26,115)         | (24,989)         |
|   | 7,820            | 8,946            |
| <b>Total Plant and Equipment</b>  | <b>113,526</b>   | <b>124,285</b>   |
| <b>Total Property, Plant and Equipment</b> 1b   | <b>1,752,646</b> | <b>1,844,763</b> |

(a) The leasehold improvements have been built by the Centre on Crown Land, being Crown Allotment 2017, Township of Hamilton, Parish of Hamilton North. Mulleraterong Centre Inc. were appointed to act on behalf of the Department of Environment and Primary Industries as the Committee of Management for the land on 11 June, 2013.

**MULLERATERONG CENTRE INC.**

**Notes to and forming part of the Financial Statements  
for the year ended 30 June 2021 (continued)**

|  | 2021      | 2020      |
|--|-----------|-----------|
|  | \$        | \$        |
| <b>5. Trade and Other Payables</b>   |           |           |
| <b>Current:</b>  |           |           |
| Accounts Payable   | 24,560    | 12,747    |
| Sundry payables and accrued expenses   | 34,808    | 18,331    |
|  | 59,368    | 31,078    |
| <b>6. Employee Provisions</b>  |           |           |
| <b>Current</b>   |           |           |
| Employee Benefits - Annual Leave   | 94,057    | 79,585    |
| Employee Benefits - Long Service Leave   | 175,418   | 196,297   |
|  | 269,475   | 275,882   |
| <b>Non - Current</b>   |           |           |
| Employee Benefits - Long Service Leave   | 4,238     | 2,779     |
|  | 4,238     | 2,779     |
| <b>Total Employee Provisions</b>   | 273,713   | 278,661   |
| <b>7. Cash Flow Information</b>  | <b>\$</b> | <b>\$</b> |
| Operations with Surplus from Ordinary Activities   |           |           |
| Net Result for Year  | 392,773   | 264,428   |
| Non-cash flows in Profit   |           |           |
| Depreciation   | 118,964   | 119,396   |
| Net(gain)/loss on disposal of assets   | 2,670     | (16,190)  |
| Changes in Assets & Liabilities  |           |           |
| (Increase)/Decrease in Receivables   | 23,302    | (61,900)  |
| Increase/(Decrease) in Payables  | 28,290    | (29,747)  |
| Increase/(Decrease) in Provisions  | (4,948)   | (39,941)  |
| <b>Net Cash Provided by Operating Activities</b>   | 561,051   | 236,046   |
| <b>8. Events after Balance Date</b>  |           |           |
| <p>Subject to the impact that may result from the Covid-19 pandemic, including, but not limited to the organisation's operations and financial position in 2021 and future years, the Board is not aware of any events which have occurred subsequent to balance date which would materially affect the financial statements prepared for the year ended at 30 June, 2021.</p> |           |           |
| <b>9. Related Party Transactions</b>   |           |           |
| <p>The Association did not enter into any contracts with related parties.</p>  |           |           |
| <b>10. Contingent Liabilities</b>  |           |           |
| <p>The Association is not aware of any contingent liabilities at 30 June, 2021, nor have any liens, guarantees or security been provided by the Association to third parties.</p>  |           |           |

## MULLERATERONG CENTRE INC.

### Notes to and forming part of the Financial Statements for the year ended 30 June 2021 (continued)

#### 11. Incorporation

The organisation received a Certificate of Incorporation from Consumer Affairs dated 20 October, 1983.

#### 12. Income Tax Expense

The Committee believe the Association is exempt from the payment of tax under Section 50-10 Community Service of the Income Tax Assessment Act

#### 13 Australian Charities and Not-For-Profit Commission (ACNC)

The organisation is registered with the ACNC as a charitable organisation.

**MULLERATERONG CENTRE INC.**

**ANNUAL STATEMENTS GIVE TRUE AND FAIR VIEW OF FINANCIAL POSITION AND  
PERFORMANCE OF INCORPORATED ASSOCIATION**

We, being members of the Mulleraterong Centre Inc. Board, certify that -

- (1) The financial statements as set out on pages 1 to 11 present a true and fair view of the financial position of the Mulleraterong Centre Inc. as at 30 June 2021 and its performance for the year ended on that date in accordance with the accounting policies described in Note 1 to the financial statements and the requirements of the Associations Incorporation Reform Act 2012.
- (2) Mulleraterong Centre Inc. will be able to meet its debts as and when they fall due.
- (3) The financial statements and notes as set out on pages 1 to 12 satisfy the requirements of the ACNC Act.

This declaration is signed in accordance with subs 60.15(2) of the Australian Charities and Not-for-profits Commission Regulation 2013.

Rebecca Morton  
Signature

\_\_\_\_\_  
Signature

REBECCA MORTON  
Name

\_\_\_\_\_  
Name

18 August 2021

\_\_\_\_\_  
Dated

**INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF  
MULLERATERONG CENTRE INCORPORATED**

**Report on the Audit of the Financial Report**

We have Audited the financial report of Mulleraterong Centre Incorporated, which comprises the statement of financial position as at 30 June, 2021, the statement of comprehensive income, statement of changes in equity and statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies, and the Committee's declaration.

In our opinion the financial report of Mulleraterong Centre Incorporated, is in accordance with Division 60 of the *Australian Charities and Not-for-Profits Commission Act 2012*, including:

- a. giving a true and fair view of the Mulleraterong Centre Incorporated's financial position as at 30 June, 2021 and of its financial performance for the year then ended; and
- b. complying with Australian Accounting Standards to the extent described in Note 1, and Division 60 the *Australian Charities and Not-for-profits Commission Regulation 2013*.

**Basis for Opinion**

We conducted our Audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the *Audit of the Financial Report* section of our report. We are independent of Mulleraterong Centre Incorporated, in accordance with the *Australian Charities and Not-for-profits Commission Act 2012* (ACNC Act) and the ethical requirements of the Accounting Professional and Ethical Standards Board's *APES 110 Code of Ethics for Professional Accountants* (the Code) that are relevant to our Audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the Audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**Emphasis of Matter - Basis of Accounting**

We draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared for the purpose of fulfilling the Mulleraterong Centre Incorporated's financial reporting responsibilities under the ACNC Act. As a result, the financial report may not be suitable for another purpose. Our opinion is not modified in respect of this matter.

**Our Office:**

Warrumbungle  
Committee

Telac  
Murrumbidgee

Warrumbungle  
Committee

Member/Committee  
Telac

Warrumbungle  
Committee

## **Responsibility of the Committee and Those Charged with Governance for the Financial Report**

The Committee of Mulleraterong Centre Incorporated, are responsible for the preparation of the financial report that gives a true and fair view and have determined that the basis of preparation described in Note 1 to the financial report is appropriate to meet the requirements of the ACNC Act and the needs of the members. The Committee's responsibility also includes such internal control as the Committee determine is necessary to enable the preparation of a financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the Committee are responsible for assessing Mulleraterong Centre Incorporated's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless the Committee either intend to liquidate Mulleraterong Centre Incorporated, or to cease operations, or have no realistic alternative but to do so.

## **Auditor's Responsibilities for the Audit of the Financial Report**

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an Auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an Audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of the financial report.

As part of an Audit in accordance with Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the Audit. We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform Audit procedures responsive to those risks, and obtain Audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the Audit in order to design Audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of Mulleraterong Centre Incorporated's internal control
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the Committee.



# Our Team

## VALUES

We are customer focused in our service delivery, honest and professional in our conduct, accountable and flexible in our work practices, respectful of others and passionate about the services we provide.

## PURPOSE

To provide coordinated, person-centred supports to engage clients in activities of their choice that contribute to the realization of their goals.

For clients to choose to come because they enjoy the encouragement, empowerment and sense of belonging they experience at Mulleraterong Centre.



**Annette**



**Alison**



**Ally**



**Andy**



**Anthony**



**Bev**



**Casey**



**Sallie**



**Donna**



**Ellen**



**Frank**



**Jacqui**



**Janette**



**Joyleen**



**Julie**



**Kate**



**Miranda**



**Mel**



**Michael**



**Pa-lin**



# Our Team



**Pauline**



**Dennis**



**Rick**



**Kimi**



**Ashleigh**



**Brodie**



**Jesse**

# Volunteers



**Joyleen**



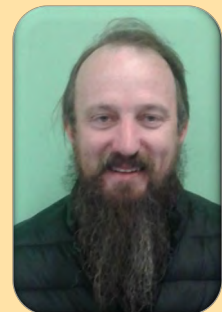
**Sam**



**Becky**



**Kara**



**Tim**



**Michael**



**Sharon**



**Fiona**



**Robyn**



**Nicole**

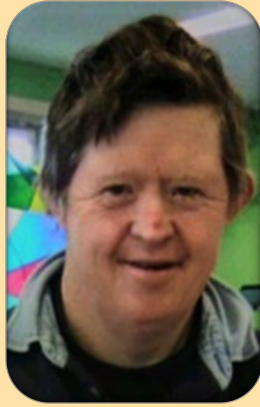
# Our Team



**Alana**



**Anne**



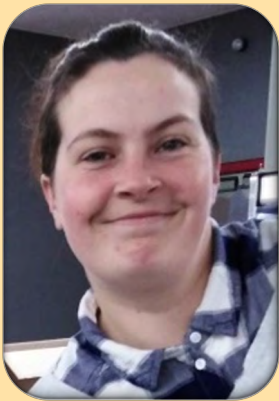
**Brett**



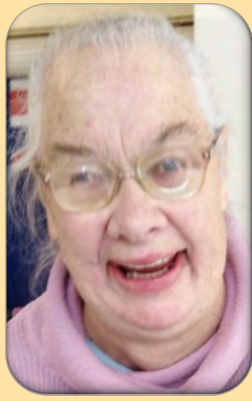
**Cameron B**



**Cameron Mc**



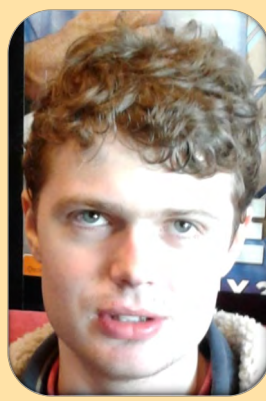
**Casey**



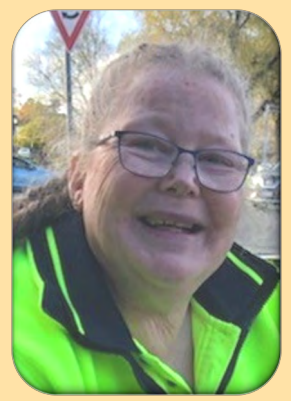
**Coral**



**Diane**



**Duncan**



**Tracey**



**Emma D**



**Emma H**



**Evan**



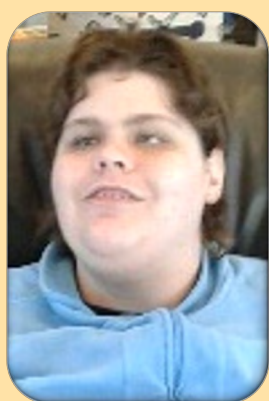
**Hugh**



**Tyler**



**Janet**



**Jenna**



**Jessica**

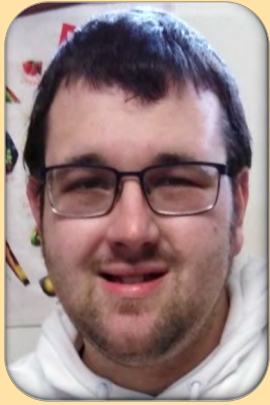


**Jesse**

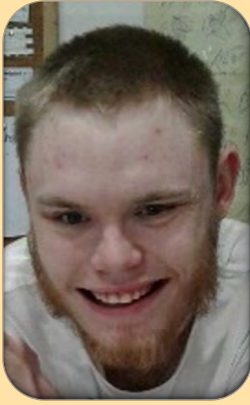


**Janine**

# Our Team



**Jarrod**



**Joel**



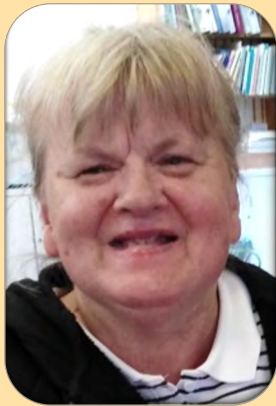
**Judy**



**Kara**



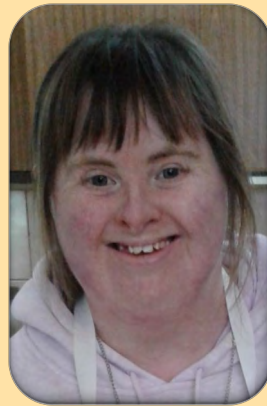
**Katrina**



**Kerrie**



**Leigh**



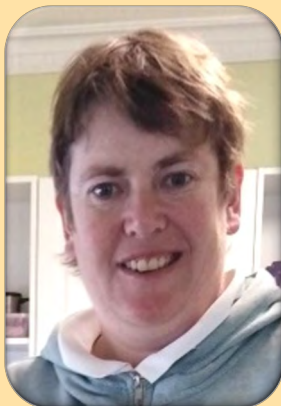
**Lisa**



**Marie**



**Matt**



**Meg**



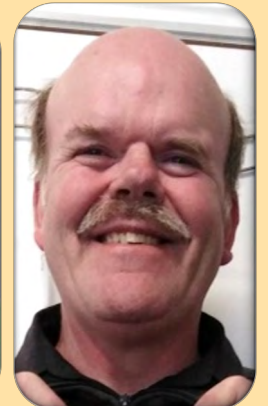
**Michael**



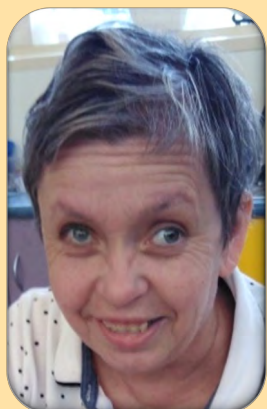
**Myrna**



**Neil Robinson**



**Neil Rowe**



**Nerida**



**Norwy**



**Ngaire**



**Nicholas K**



**Nicolaas V**

# Our Team



**Nicholas W**



**Philippa**



**Phonse**



**Robert E**



**Robert M**



**Shane**



**Sharni**



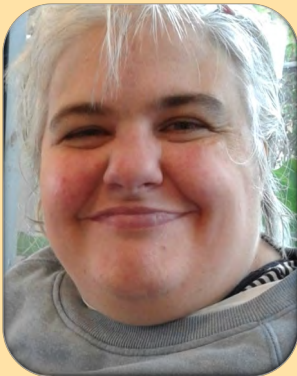
**Stephen T**



**Suzanne**



**Tara**



**Simone**



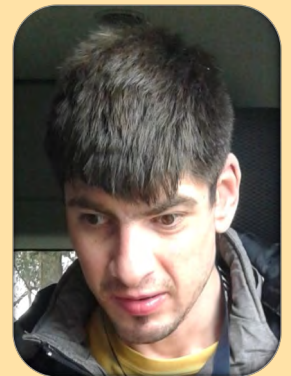
**Stephen S**



**Tim**



**Tom B**



**Troy**

# 2020 / 2021 Activi-

July  
COVID



Evan entertained the music group, playing guitar



Nic V and Janette colouring in

August  
COVID



Cameron B making a train out of paper mache



Jenna concentrating on a puzzle

September  
COVID



Nick W enjoyed dressing up for the disco afternoon



Tyler enjoyed a swing

October  
COVID



Jessica learning to use the sewing machine



Kara making sure the plants were watered

November  
COVID



Nick W enjoyed bubbles in the Green Room



Jesse making garlic and cheese bread

December  
COVID



Sharni raking the leaves at the Corner House



Casey does a great job cleaning the bus

# 2020 / 2021 Activi-

January



Coral enjoys grating cheese for Friday morning cooking

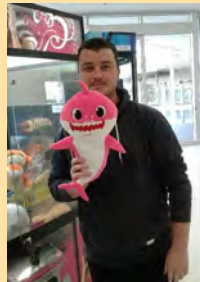


Duncan and Michael do some pruning at the Corner House

February



Tyler, Phonse and Jesse enjoyed a stroll around town as part of community access



Tom B won a stuffed toy in the claw machine in the HUB

March



Philippa enjoyed some ten pin bowling in the sunshine



Tom B does a great job cleaning the bus

April



Nicolaas throws the ball quite hard during a game of 10 pin bowling

May

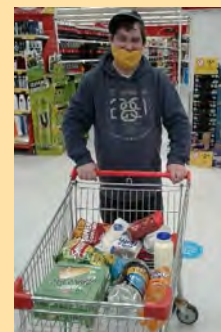


Jarrod at the cinema for one of the first Community Connection Activities



Neil and Suzanne at Alexandra House for one of the first Community Connection

June



Evan shopping for ingredients for the Corner House games and pizza night



Suzanne, Janet and Nerida enjoying dinner at Alexandra House

# Chief Executive Officer's Annual Report



Sallie received her 10 year service plaque in May

It is my pleasure to present the 2020 / 2021 Chief Executive Officer's annual report for Mulleraterong Centre Incorporated. This comprehensive record of people, programs, activities and accomplishments for the year is a credit to all contributors.

My first acknowledgement must go to clients, parents and carers who have endured regular disruptions to usual routines with patience and good humour.

Mulleraterong Centre staff are to be congratulated for the continuity they have provided for clients, some of whom have been confused by the week by week uncertainty.

Support staff have risen to the challenges and disruptions time and time again and even when they themselves have been affected, they remain strong and positive in their everyday interactions with clients.

The way in which Mulleraterong Centre has navigated the year is a credit to Operations Manager Alison Dunn who has been on hand daily to modify programs and timetables, schedule and re-schedule staff and resources, all the while ensuring that client supports are individualised, efficient, effective and responsive.

Alison is also responsible for initiating the monthly Community Connections Calendar which is proving to be very popular and enabling our clients to do ordinary things like going out for dinner or to a movie with their friends.

Backing Alison up with the gruelling administration side of the disruptions and organisation is Mel Gould who has worked at the Centre since 2003 with 2 gaps to have her children. She does a very challenging task, extremely well and remains accommodating and good humoured through a multitude of interruptions every day.

Our Finance / Administration team of Julie Donovan and Ally Gordon do an excellent job of keeping track funds and funding, billing and receipts and we appreciate them enormously.

We bid farewell to Barbara Harnden early in 2020 after 15 years at the Centre including many years as the Community Inclusion Coordinator. Priya Elizabeth Matthew and Marcia Worthy also moved on and Ashleigh Carrigg is on maternity leave.

I am pleased to welcome Belinda, Miranda, Janette and Jesse to our permanent support staff as well as trainees Anthony and Casey.

Our treasured volunteers this year are Joyleen Lehmann and Board of Management members, Sam Dohle (former BOM President), Becky Morton (current President), Robyn Linke, Tim Hallam, Kara Winderlich, Sharon Muldoon, Fiona Musson, Mike Shanahan and Nicole Kerr. On behalf of the whole Mulleraterong Centre community, I would like to thank our volunteers for their invaluable contribution to our organisation.

We look forward in 2021 / 2022 to implementing our new strategic plan and raising our profile in the community to facilitate participation and inclusion.

## Annette Read



Annette participated in internal training



Congratulations to Mel for 10 years continuous service

## Operations Manager's Report

2020/2021

Mulleraterong Centre is committed to delivering efficient and effective services which are individualized, responsive and delivered within a framework of respect for human rights.

### Certification

In October, the NDIS Quality and Safeguards Certification audit was completed. In addition to proving that Mulleraterong meets the Q & S Standards, this audit also measured the effectiveness of our continuous improvement strategies and quality objectives.

The Global Certification Compliance audit team recommended Mulleraterong for registration as an NDIS Registered Provider and this registration was granted on May 27<sup>th</sup> 2021. Very well done to the whole team from clients to the BOM.

### Training

Once again this year Mulleraterong has facilitated valuable staff training to ensure workers are appropriately trained.

Mulleraterong organises First Aid and CPR training to all staff in September each year and with the challenges of COVID, the theory portion of the courses was completed on line and the practical portion was conducted under very strict protocols, two at a time in a restricted part of the Centre. Cultural Awareness training was also completed on line with very positive feedback from staff.

We expanded our internal training in the areas of infection control, complaints handling, pool safety, meal preparation, incident reporting, stoma care, sign language, and wheelchair etiquette which in some cases pushed staff a little out of their comfort zone. Training involved being blindfolded and fed by co-workers, or being pushed in a wheelchair and hoisted in the pool hoist or the Sara 3000. This helped us all to be aware of things from our client's perspective.



Sallie feeds Frank during our internal meal preparation and support training.

Alison Dunn

### COVID

2020 / 2021 will be one to remember, for the challenges that the COVID-19 Pandemic has presented to us all.

First and foremost, I appreciate everyone's support and commitment to the safety measures developed and implemented by Mulleraterong this year. These measures have been developed to protect everyone who accesses our services. Mulleraterong will continue to remain vigilant and maintain the safety measures to ensure everyone stays safe.

Whilst COVID-19 has made significant impacts on the way we live, Mulleraterong's priority remains unchanged – to concentrate on what we can do, rather what we cannot do. Our position has been to continue to provide essential supports to those who wish to continue to send their son or daughter to the Centre and this has presented some opportunities to grow our services. We have also continued to develop our staff, so that they are well prepared to deliver the supports to the high standard that is expected of Mulleraterong.

### Continuous Improvement

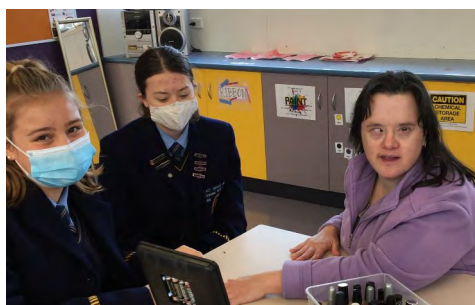
**Creating a Culture of Improvement** –During this year Mulleraterong has ensured that Continuous Improvement is embraced by everyone who is part of the organisation and improving processes and services is part of everyday practice.

The Board of Management facilitated a forum to provide the opportunity for parents and carers to give us feedback.

26 parents attended and the feedback was published in the February – March 2021 newsletter.

One of our most exciting continuous improvement initiatives is a monthly Community Connections Event Calendar which commenced in June 2021.

**Welcoming students** after almost a year, due to COVID we were very pleased to welcome The Hamilton Alexandra College students back to spend time and see and participate in Centre programs. More of these types of visits will be organized in the future.



Janet enjoys the company of the College students, who also helped her to have her nail looking fabulous.



Jarrold, Janette and Suzanne enjoy a Community Connections excursion at the Hamilton Pastoral Museum Historical Rally.



# Centre Activities



Duncan doing a painting.



Brett and Evan catch up while enjoying a foot spa.



Jenna does an amazing job of opening envelopes for recycling.



Annie does stretching and has fun with blocks and coits.



# Personal Activities

We provide personalized, flexible, goal orientated supports, on or off site to assist with daily living and daily personal activities in a range of environments, including the client's own home.



With Jacqui's assistance Meg prepares meals to freeze for her dinner.



Joel enjoys spending time at the Hamilton Tech Bar.

# Special Events

## Disco & Movie Afternoon



Nic V, Nick W and Robbo got into the spirit of the disco era

## Loud Shirt Day & Halloween



Nic V enjoyed Kate's costume for Loud Shirt Day



Evan enjoyed loud shirt day



Jessica looked great

# Life Skills Development



Evan keeping the tables clean.



Tyler trimming the hedges out the back of the Centre.



Sharni prepares a meal at the Corner House.



Nic V waters the garden.



Jessica and Emma do some pruning at the Corner House.



Kerrie does some planting.



Neil Robinson helped to prepare a chicken and veggie lunch at the Corner House.



Jarrod and Jesse do the dishes.

# Life Skills Development



Casey trimming the hedge in the Courtyard.



Evan purchasing and crushing biscuits to make a slice.



Sharni vacuuming at the Corner House.



Evan moving dirt from the Courtyard.



Duncan preparing the salad and setting the table for lunch at the Corner House.



Casey using the ride on to cut the lawn at the Workshop.



Neil Rowe whipper snipping the pavers.



Kara blow drying her hair.



Jessica has a turn at the sewing machine.

# Community Participation



Joel was very excited to meet Richard Pichard (film maker) and Gareth Colliton (animated cartoonist) in Warnambool.



Norwy and Sallie take a ride on the town bus.



Jarrold, Cameron B, Jessica, Nerida & Lisa all assisted Alexandra House to fold and stuff membership envelopes.



Nerida and Meg catch up with Barb.



Leigh enjoys a ride on the town bus.



Evan & Jesse enjoy a walk around the community.



Bev and Emma Hunt enjoyed a trip to Portland and rode on the tram while they were there.



Matt Brody scans the items needed for Independent Living at the self serve checkout.

# Individualised Supports



Robert enjoys getting out, he loves to go places he hasn't been for a long time. Halls Gap Zoo was one of the highlights of the year, feeding the deer and looking at all the other animals at the Zoo. It was a good social outing with Robert saying hello to other people there.

**Andy**



Leigh loves being out in the fresh air and sunshine. He likes to go for long walks, visiting playgrounds and going into the community. He also likes to relax in the sensory room listening to his favorite music.

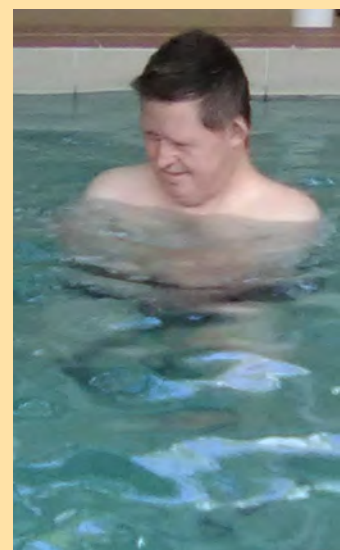
## Swim



Philippa loves being in the water. In addition to doing her arm and leg exercises, she chats a lot and there is lots of laughing and splashing.



Marie does lots of walking and exercise around the pool and enjoys interacting with others by chatting and splashing. Marie enjoys getting in the pool for her swim.



Brett's a friendly bloke in the pool, going around shaking everyone's hands. He also likes ducking and diving. He does lots of walking around the pool.

**Andy**

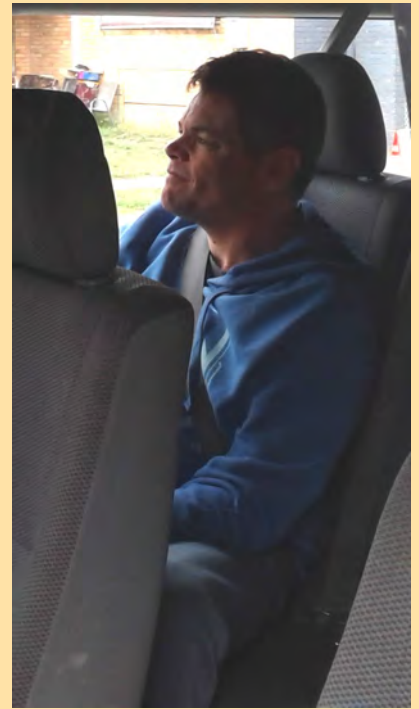
# Meals on Wheels



Stephen enjoys his morning out on Meals on Wheels with everyone, he often calls out good morning to people with a smile.



Jessica is very organized and is in charge of the esky as well as making deliveries. She enjoys meeting people.



Shane enjoys the noises and sounds of people putting meals together on the bus.



Kathleen enjoys delivering meals and she loves to have a chat to people.



Jesse is an enthusiastic Meals on Wheels volunteer and says good morning to people.



Nicky has one person he delivers to every week who always says good morning and how are you to Nicky which brings a smile to his face.

## Andy

# Workshop



Casey works hard, painting and pointing pegs. She always looks forward to going to the Workshop.



Jesse enjoys doing lots of things in the workshop including, painting, strapping and helping to bring timber inside.



Tyler does lots of chatting and is a great help taking timber to the cutting machine. This job always brings a smile to his face.

## Andy Community Access



Everyone enjoys being out and about. We go for long walks and often say hello to others in the community. We work up a good appetite for afternoon tea.

## Andy



# Recycling

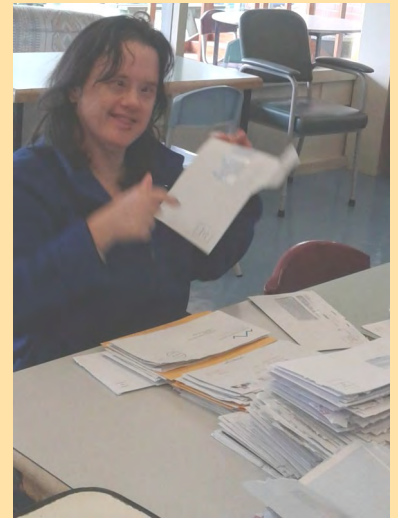


Tim's favorite activity to do in the recycling program is shredding the paper and socialising with staff and clients.



Neil Robinson makes sure the recyclable items go in the recycling bin.

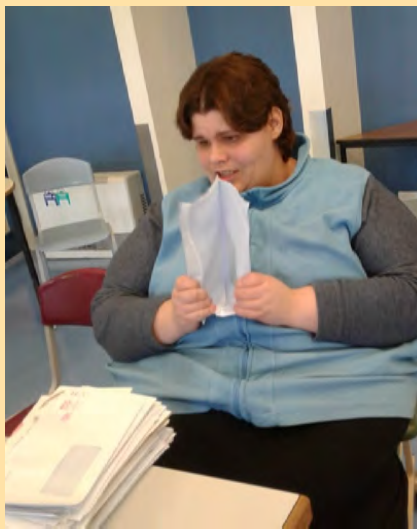
Neil also manages the Council recycling bin ensuring it is put out for collection.



Janet sorting through the envelopes with great attention to detail. Janet is the speedy queen of envelope sorting.



Evan likes all recycling program activities, which include shredding paper, sorting envelopes and ripping. Evan also likes to do odd jobs.



Jenna helps rip envelopes ready for shredding. This involves fine motor skill coordination and spending time with different clients.



Michael enjoys a cuppa and a social game in the recycling program, socialising with clients and staff.

## Belinda

# Sensory



Jenna loves to come into Sensory and enjoys relaxing on the recliner chair. Relaxing helps to regulate emotions.



Janet enjoys lots of bubbles in her foot-spa while listening to her favorite Bee Gees music.



Simone loves the recliner chair in the sensory program while having a leg and hand massage.



Emma is always all smiles when she comes into sensory. She enjoys lots of bubbles in her foot-spa and her aim each week is to beat Bev in her favorite card game UNO.



Matt decided to join us for a foot-spa because it looked so luxurious. He enjoyed it thoroughly.

## Bev

# Individualised Supports



Sharni enjoys to go and visit a friend, Pam and Pam enjoys our visits. Sharni takes Pam a coffee and we share afternoon tea or we may go for a drive, one afternoon we went to Coleraine to have a look at the new animal models they have in the main street.



Leigh is always happy to go on pick-ups on Monday mornings, he likes to do a lot of walking and we go into quite a few businesses to collect envelopes for our Recycling program. Then he likes to hop into our Centre pool and have a swim with his workmates.

Bev

# Puzzles, Games & Recycling



Coral comes to Games, Puzzles and Recycling because she enjoys putting puzzles together.



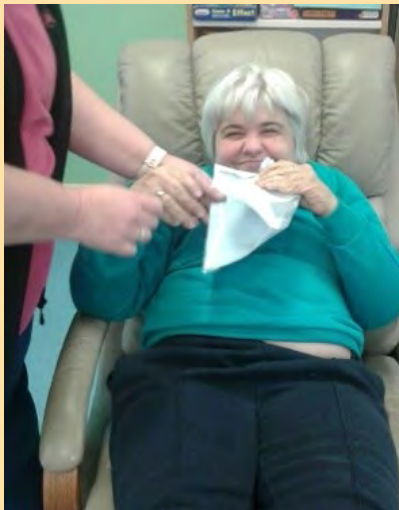
Myrna enjoys tearing open envelopes in the Recycling program getting them ready for shredding.



Nicky is a great help in the Recycling program, ripping open the envelopes for shredding.



Philippa enjoys listening to some music while playing Bingo or ripping open the envelopes in Recycling.



Simone happily ripping open envelopes in the Recycling program.



Tim is a pro at the shredding machine in Recycling program and is always willing to help.



Annie is concentrating to master the stacking of the blocks that Karen Roache donated to Mulleraterong.



Marie likes the very hard puzzles with assistance from Anthony in the Puzzles, Games and Recycling program.

Michael comes into recycling after a swim on Wednesday morning and is always happy to listen to some music and have a chat with his fellow workmates.



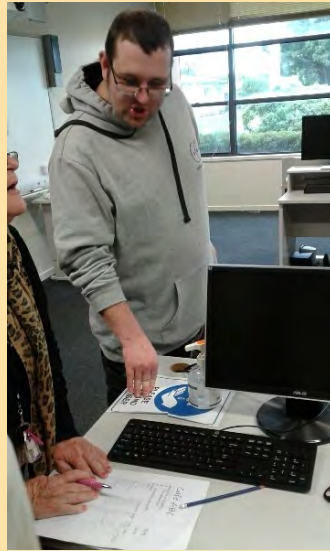
Bev

# Southern Grampians Adult Education

Term 2 2021 the SGAE course has focused on money counting skills and people skills. To do this, the clients have developed a café called Café LFL (Learn for Life) where they have developed a menu and prepare meals each fortnight. They have learnt how to take people's orders and all have a very important role in the café.



Coral pushes the trolley at SGAE to collect people's orders.



Jarrod reads off the menu to take people's orders, and works out how much the order will cost.



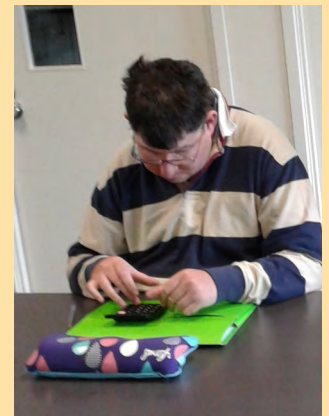
Jarrod has been using the computer to further his money skills, focussing on how much change is to be given to each customer.



Tyler writes all the orders on the whiteboard and prepares the shopping list. Tyler has been practicing his counting when counting the Café LFL money.



Katrina has learnt about food safety in the kitchen and what PPE she needs to wear.



Cameron uses his calculator to count the café takings.

Brodie

# Community Drive

Twice a week, two different groups go out for a drive around the Hamilton Community. They regularly visit the livestock exchange to see trucks, and keep an eye on new houses being built and the progress that is being made.

We all had to adapt to new precautions due to COVID, by sitting socially distanced in the bus.



Simone enjoys taking in the sights around town and the motion of the bus.



Stephen likes going along to check on what's happening in Hamilton.



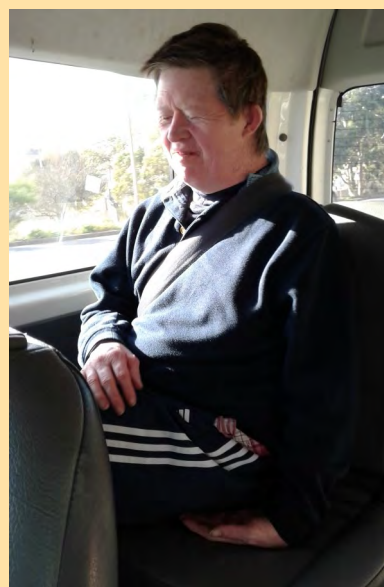
Troy enjoys the sounds while we're out and about.



Jesse enjoys the drive around the town and likes to tell everyone back at the Centre if they have seen anything exciting.



Shane likes the movement and sounds of the bus when out and about.



Brett likes to check on the progress of houses being built.



Nicky enjoys the excursion and seeing what's happening in the community.



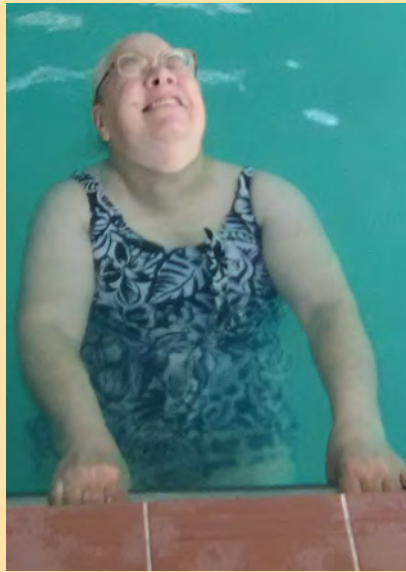
Nick W jumps at the opportunity to get out of the bus at the Nigretta.

## Brodie

# Wednesday Afternoon Swim



Marie enjoys swimming each week and being able to stretch her arms and legs in the water.



Coral uses the bars in the water to stretch and do some leg exercises.



Jenna does lots of walking in the pool.



Myrna likes to practice throwing and catching a ball, socialising with other clients.



Nick uses the pool noodles to float around the pool and practices balancing. Nick uses the pool balls to practice throwing and catching.

Brodie

# Individualised Support with Leigh

Leigh has enjoyed going out for morning tea and lunch. His favourite place to go is the lake where he can watch the boats and birds.



Leigh helped take pool water to Donahue's for testing.



During COVID, Leigh made the most of utilising the town bus.



Leigh enjoys swimming each week.



Leigh has been helping deliver meals during Meals on Wheels.



Leigh co-actively mows the lawns at the Centre.

## Brodie



## Music & Dress Up



Michael enjoys dressing up and listening to country music and 'The Gambler' by Kenny Rogers is one of his favorites. Watching the staff and clients dance brings a smile to Michael's face.



Nic enjoys listening to Star Wars and Inspector Gadget theme songs. He is happy to watch the clients dance and has been known to 'break a move' as well.



Myrna enjoys Music and Dress Up and dances in her chair as she sings along to her favorite songs, 'Raindrops Keep Falling On My Head' and 'Pub With No Beer'.



Judy loves getting dressed up and dancing to her favorite song "Cotton Eyed Joe". Judy would like to keep active and socially connected.



Annie enjoys dressing up and singing along to her favorite songs including 'Waltzing Matilda', "Pub With No Beer" and the Geelong Football theme song.



Evan dances to 'Click Go the Shears' and sings along to the Geelong theme song. Evan also enjoys accompanying some songs on his guitar.



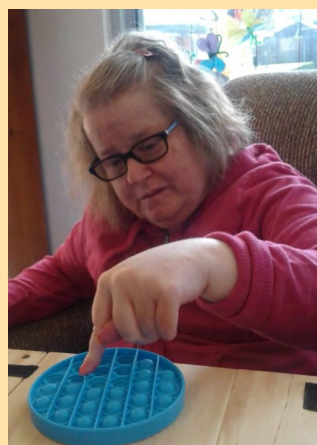
Cameron taps his foot along to the music and enjoys watching the staff and clients dancing.



Coral likes to get up and swing her hips from side to side and enjoys having a boogie with Judy.

Tara enjoys sitting down and playing with the sensory items while listening to the music.

Donna



Jenna likes to sit next to the stereo and dance around in her chair.

# Armchair Travel



A special event that Judy took part in is Mother's Day.



Annie playing Bingo and leaning about where we travelled.



Brett enjoys Armchair Travel and travelling to different countries and cities.



Cameron liked the time we visited Japan.



Sharni loves learning about the different countries we visit and also special events that happen in Australia and around the world.

Armchair Travel provides participants the opportunity to visit different countries and do different themes without leaving the chair.

We incorporate games and watch Youtube clips. We also create art projects to represent where we have visited for example we went to the Olympic Games in Japan.

We have a lot of fun visiting different places and playing games.



Jenna enjoying the craft part of Armchair Travel with making a flower.

## Donna



Marie learning about ANZAC Day during one of our April sessions.



Tara likes the travel and the chatting and social side of our travels.

# Art and Craft



Tara loves to choose the colours and designs of her art work. She also enjoys the social side of Art and likes seeing everyone else's creations and showing off her own.



Marie takes her time, concentrating on the activity she is engaged in. Marie enjoys the opportunity for social interaction in the art room.



Janet put a lot of effort into making a bag, she said she will put a gift in it for her Mother.



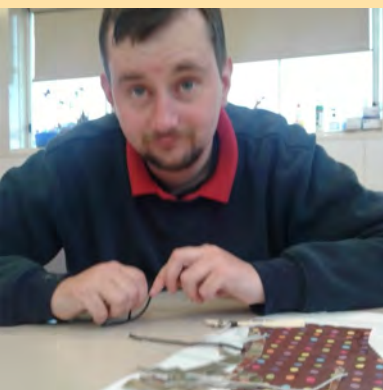
Kara shows off her butterfly creation, getting into the Spring feeling in the air.



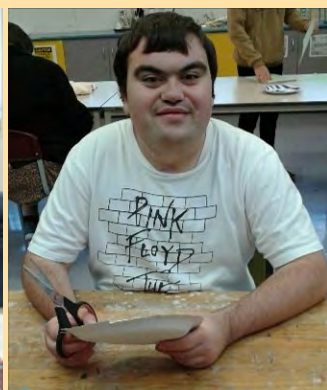
Philippa enjoys help from Anthony to maintain her art skills during Art.



Cameron is happy in the art room, working on art works and chatting to others in the room.



Matt enjoys cutting, pasting and painting in art, he also enjoys the chatter and social aspects of the art program.



Jesse about to start cutting the paper plate into a flower and considering the best way to do it.



Tim getting ready to cut the paper plate into a flower, this helps him practice his fine motor skills.



Phonse draws pictures that represent famous landmarks or things he enjoys like travel.

## Donna

# Round Robin Games



Nicky is tuning his fine motor skills playing a game of cherries, by placing cherries from a tree to a bucket. Nicky has great concentration.



Stephen is showing color co-ordination while making a tower out of Duplo keeping his hand eye coordination in sync which keeps his motor skills engaged.



Tara practicing her music skills to keep her hand eye coordination and fine motor skills in regular use.



Shane demonstrating his ball skills, keeping his motor skills sharp, while enjoying being outside.



Troy is enjoying time in his sensory tub. The balls keep his hands active and in warm weather we add water.



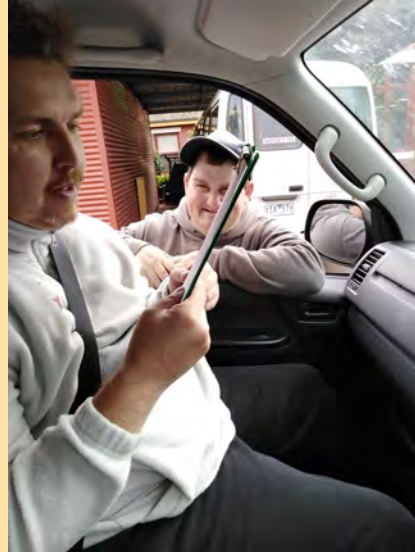
Annie places quoits on the spike which keeps her arms moving and exercises her coordination and motor skills.

## Donna

# MOW Friday



Nerida waiting with her meal to deliver. She says she likes meeting new people and its good to help in the community.



Evan passes the folder to Nic who tells Jacqui what number house we will do next.



Evan delivering to one of his customers. Sometimes they like to have a quick chat while Evan puts the meal on the bench.



Nic was ready to take his meal to Frank and they had a chat while Jarrod took Franks meal inside.



Jarrold enjoys Meals on Wheels and says its good to help people.



Meals on Wheels  
Australia



Jacqui



# Monday Cooking



Sharni likes to sift the flour for the scones.



Sharni cutting up the pineapple for the pizzas.



Tracey washes all the vegetables before cutting up.



Tracey paying for the groceries and collecting the receipt.



Suzanne getting a bag for Tracey to put a capsicum in.



Suzanne spreading the dough with butter to make pin wheel scones.



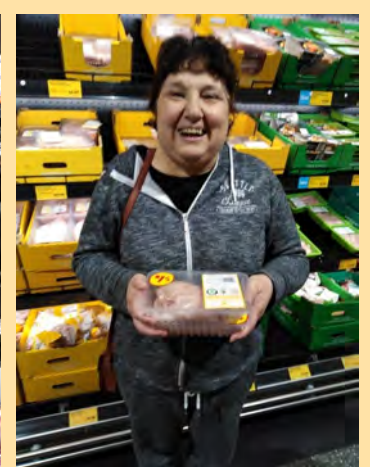
Suzanne mixing the corn and eggs before adding the spring onions and bacon.



Jessica opening the tins to make bacon and corn fritters.



Sharni reaching for pastry sheets to make the chicken and leek pies.



Suzanne thought \$ 4.00 was a bargain for the chicken to make the chicken pies.

## Jacqui

# Friday Cooking



Evan, Jessica and Jesse shopping at IGA for our ingredients.



Katrina cutting up the ham for the pizzas.



Nerida getting ready to mix all the ingredients to make the sausage rolls.



Jesse rolling out the bread to make bread cases for the filling.



Jarrod putting the popping corn into the container for the movie buffs program.



Jessica making the icing to put on the hedgehog slice.



Katrina peeling and mashing the bananas for the banana loaf.



Jessica mixing the muffin mixture.



Evan likes to wash the dishes.



Evan measuring the dry ingredients and sifting into the bowl to make a banana loaf.



Nerida slicing the capsicum for the pizza scrolls.

Jacqui

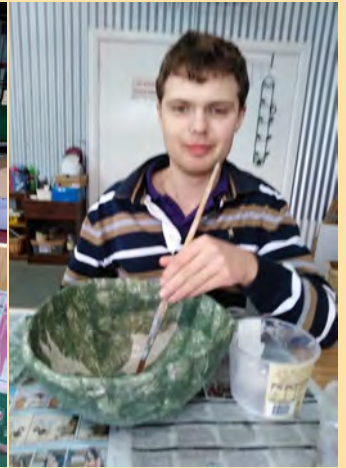
# French Street Craft Studio



Janine putting rice into the bag to use as a heat pack.



Duncan starting off a paper mache bowl. The final finishing coat which he chose is a green leafy tissue paper.



Jesse very proud of himself. He painted and made this plant hanger for mum.



Jarrod painted and stencilled his favourite NRL team.



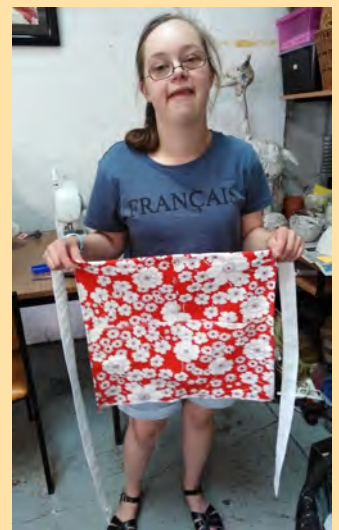
On our walks we have picked flowers and leaves and pressed them. Katrina made this beautiful wall picture.



Nerida cut out and made 2 aprons for her nieces.



Coral likes to rip up newspaper to use for paper mache projects.

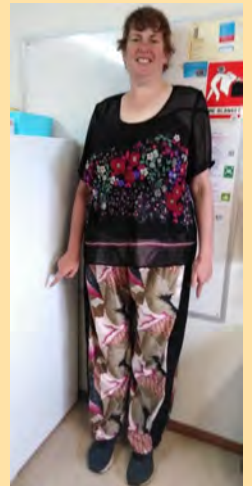


Jessica chose the material to make her mum a peg apron.

Jacqui



# French Street Craft Studio



Kara has learnt how to use the overlocker with a little help and made mum this peg apron.

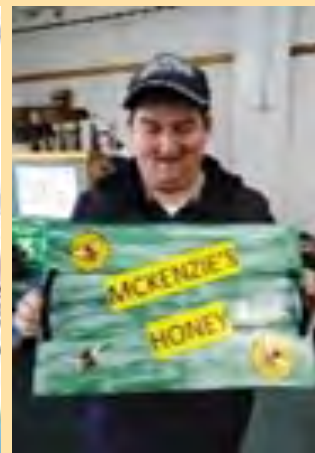
Meg made herself some summer pants and was proud to sew them all by herself.



Kerrie painted and decorated her key rack.



Emma painted and decorated this beautiful key rack to give mum and dad.



Evan painted the boards to make this tray for Mother's day.



Evan is proud to be taking his string art home.



Jessica and Jarrod working together and made this wool wall hanging.



Emma chose the flowery tissue paper to make a vase.



Judy wrapped lots of wool and around her initial and said she loved all the colours.



Jacqui

# French Street Craft Studio



Jarrod painted this frame and added a hanging can for a plant or succulent.



Nerida making her uncle a home string art sign.



Neil loves trains and made an i-Pad holder featuring a train.



Myrna painted a tin and then over a few weeks, she finished it with an Easter bunny to put pencils or pens in.



Jessica painted and put the nails into the board and made this "Home" sign.



Neil wanted to make a sign to hang up on his outside wall. He did a great job with the lettering, painting and putting in the screws on the back ready to hang.



Suzanne's Mother's day card is made out of flowers we had picked and pressed.

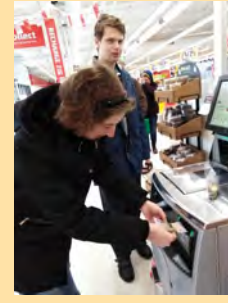
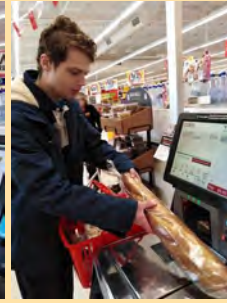
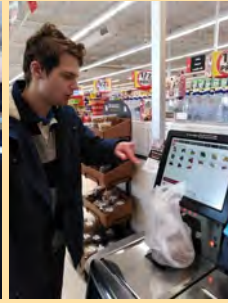


Janine has enjoyed making a paper mache bowl and is considering what design to use for the final coat.



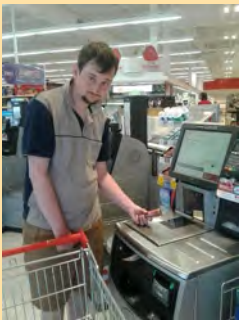
Jacqui

# Corner House Cooking



Duncan is a great help at the supermarket. He likes to hold the basket and put the groceries through the self serve. When it is his turn to cook he will slice vegetables cook rissoles or pancakes.

Katrina likes to use the self service checkout and is a great help drying dishes.



Matt using the self serve and mixing the ingredients for the muffins.

Cam slicing the spring onions for the potato salad and he likes to wash up.

Tracey washing up. She likes to have the benches clean and wiped.

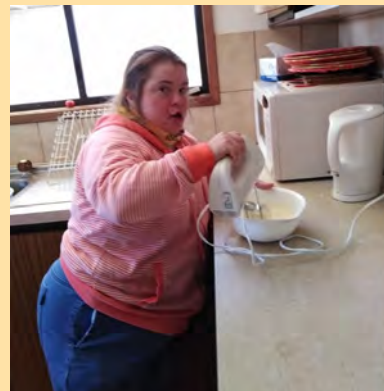
Great team work Kara likes to hold the basket for Sharni to put in the groceries.



Meg vacuums most weeks, she is a good cook. She also enjoys being out in the garden tiding up the yard.

Kara using the self serve for the first time.

Kara setting the tables.



Sharni likes to vacuum on the weeks Meg doesn't, and sets the tables. When it is her week to cook she is up and ready and she enjoys whipping the cream for the pavlova . Sharni likes putting the items through self serve checkout too.

## Jacqui

# Corner House Cooking



Jarrod peeling the apples for the apple and rhubarb pie. He enjoys spaghetti bolognaise and lasagne and knows how to make them both. I just guide him if he needs it. He made the Anzac biscuits for Anzac day and was proud of how they turned out.



Cameron and Janine working together washing and drying the dishes.



Janine vacuuming the lounge room and then looking through recipe books for her turn to make a main meal the following week.



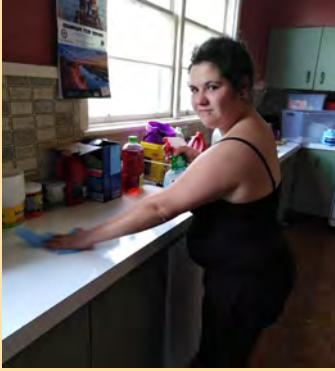
Janine helping to set the tables.



Neil likes to be busy and spends time in the garden pulling weeds, sweeping the paths, raking up the leaves and digging the vegetable patch. He looks through recipe books to decide what to make when it is his turn to cook and will ask all the others if they would like what he has chosen. At the end of the session Neil sweeps the floors and Meg mops.

Jacqui

# Individualised Support with Alana

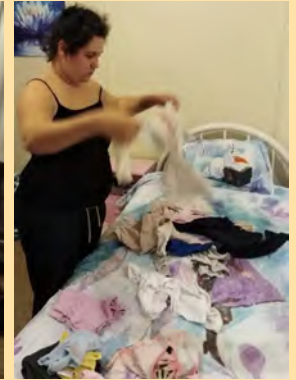


Alana has gained confidence coming out into the community and likes to get a few items and look at the op shops. We talk about cooking, making meals to freeze, keeping a clean house and anything she would like to talk about on the day.

Alana wiping the benches after she has done the dishes.



Alana vacuuming the lounge room.



Alana folding up the girls clothes and putting away.

# Individualised Support with Meg

Meg has developed great food handling and hygiene skills and uses her skills to make meals she can freeze for her lunches. She plans what she would like to make each week and likes to look through recipe books to choose healthy options. Meg is house proud and likes her floors swept and mopped, dishes done and benches clean.



Meg using the self serve.



Meg preparing the vegetables for her meal.



Meg washing and drying up the dishes.



Meg vacuums every few days to keep her house clean.



Neil comes over every Tuesday to have morning tea with Meg.



Meg making her lunch stirring the mince for the stuffed potatoes.

## Jacqui

# Games



Nicolaas is supported in his daily activities at Mulleraterong Centre to engage in playing games and interacting, as well as taking turns with his friends.

Nicholas participates well in the group games afternoon's at Mulleraterong. He also enjoys 1:1 time with staff to complete a table size puzzle or read a book.

Brett is supported to play games with the others in the group and is very excited when he wins or gets a BINGO!



Evan practices patience during our afternoon games session as well as taking turns and is excellent at encouraging others to take their turn.

Kate

## Line Dancing



Mulleraterong Centre clients join with the Hamilton Bootscooters on Tuesday mornings to learn and practice line dancing.

Emma, Kerrie, Francis, Judy & Phonse are able to work on their goals of keeping active and participating in social activities during the week, all while having fun and enjoying the company of other line dancing enthusiasts.

Kate

# Swim



Nick looks forward to his swimming programs at the Centre as this gives him the opportunity to combine his love of ball sports and water.

Nick enjoys throwing the ball with staff and other clients or walking laps of the pool.



Shane loves the sensory experience that he gets when he is in the water. He relishes in the opportunity to splash in the water.



Michael has a hydrotherapy program provided by Allied Health. With assistance from support staff this program has helped Michael with his mobility. He also uses the bars to be independently active while in the water.



Stephen is often the first to get in the water. Stephen enjoys being able to confidently use pool noodles and the bars do his shoulder exercises while socialising in a relaxed environment.



Jesse enjoys being able to practice shooting hoops while in the water. Jesse likes the social aspect of this program and being able to sing along to the music.



Nic spends his time interacting with clients in his swim programs. Nic likes the 1:1 time with staff and when he is not relaxing, he races from one end of the pool to the other.

# Janette

# Swim



Philippa is supported in the water to do a set of exercises assigned by her physio to help to maintain her function and mobility. Afterwards Philippa loves interacting with the others and throwing the ball with Robbo.



One of Troy's physical activities to assist him to maintain his health and wellbeing is enjoying time in the Centre's hydrotherapy pool. Troy is supported to float in the water and he also walks around the pool with the radio on in the background.



Nail enjoys taking a break from his busy work day to relax in the pool and be with friends.



Shane's session in the Centre pool contributes to maintaining his health and wellbeing. He loves the sensory feeling of the water and does lots of splashing.

# Kate



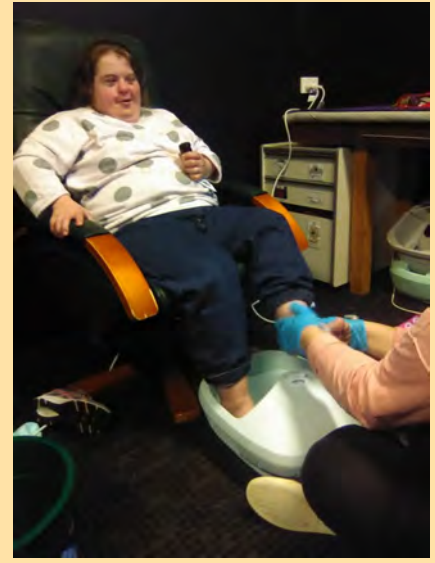
# Relaxation and Pamper



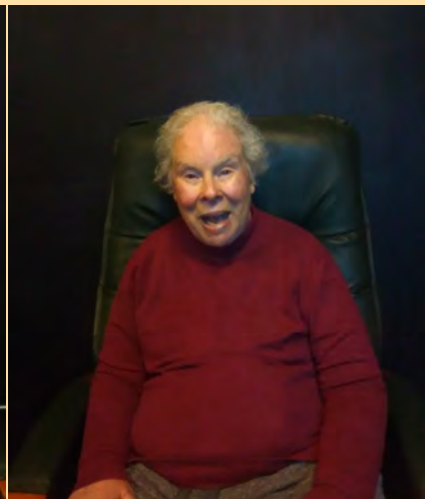
One of Casey's favorite programs is Relaxation & Pamper on Tuesdays. In this session she often enjoys a back massage on the massage table and also a calf massage—especially before her Tuesday night basketball game.



Simone is supported to engage in the chit chat with the other ladies in this program while she enjoys a footspa. Simone also appears to like a foot massage afterwards and sometimes will have her toenails painted.



Sharni loves a foot pamper in this program and works on her social skills with the other ladies in the group—having a laugh and sharing conversation.



Judy is pampered in the Relaxation & Pamper program with a facial and enjoys a footspa while her face mask sets for fifteen minutes. Judy leaves the Centre glowing.

## Kate

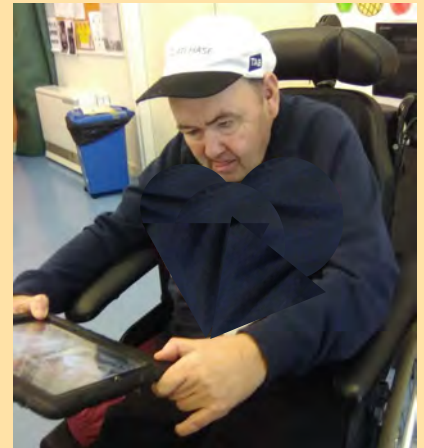
# iPad Time



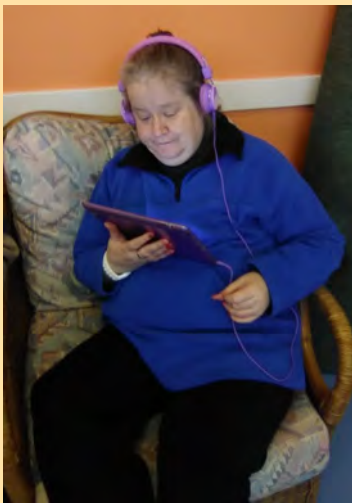
Cameron likes to explore and engage in activities which are of interest to him. One of his favourites being, looking up and watching the train journey from Melbourne to Warrnambool with all the stops along the way on YouTube.



Nicolaas continues to attend daily activities and is supported on a Thursday to access the internet to watch YouTube videos of his favourite shows. Nicolaas also sometimes uses one of the Centres laptops to watch a movie on a streaming service.



Michael has recently made the choice to be in the Green Room for this session rather than the Orange Room and still gets to enjoy his music. Michael also likes to watch reviews on cars on YouTube - specifically on the Ford Falcon.



Tara can use the iPad independently to play the Talking Tom game and also enjoys watching Mr Bean episodes on YouTube.

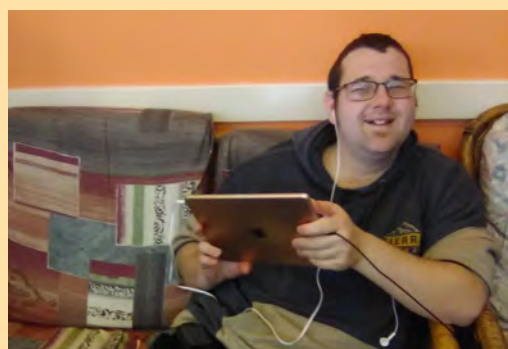


Tim spends his time in this program listening to songs of his choice. Tim claps in time to the music and will often sing along. We have a long list of Tim's favourite songs which over-time he has communicated to us.



Janet continues to attend her activities at Mulleraterong Centre. On Thursdays, Janet uses her own iPad to listen to music by the Bee Gees and also watches YouTube videos on hauntings and documentaries on the Royal Family.

## Kate



Jarrod uses his own iPad independently in this program to access some of his interests including NRL and Cricket.



Judy uses the circles on the page as a guide for her dot painting of a koala using cool colors.



Tracey spends time in the art room before going to the gym. As well as working on group projects, she often brings her diamond art in from home. She gets lots of compliments for its intricacy.



Kara enjoys attending group based activities like our art & craft sessions. Pictured is Kara following instructions to mix primary colours to paint a Bob Ross inspired painting using acrylic paint as her medium.

## Kate & Pa-lin

From the beginning of COVID, art groups have really put in the effort to make the Centre a bright and welcoming place for those still able to attend. We have been doing this through displays of the things we create in the art & craft programs. Our displays have included—Aussie animals, the monster mash and woodland wonderland. Clients who are involved in these displays take much pride in their work when it is displayed around the Centre.



Some of the displayed works of art



Sometimes in art and craft, the session aligns with a season or a celebration like Easter. This Easter, Jessica and Suzanne both created a chick in an egg using paper plates, paper, paint and pasted on tissue paper for an effective shell.



Sharni uses her time in art and craft to maintain social skills. With support from staff, Sharni coloured and folded paper to create this CD fish (pictured), and just like any good fisher woman, Sharni knows to kiss the fish and throw it back!



Phonse joins this program to continue working on his own pictures of city scapes and busy roads. Sometimes he enjoys joining in with group projects and having a go at painting something different to his usual style.



Janet is quite creative in art and craft, putting her own twist on activities to make them her own.



Suzanne, Janet and Pa-lin brightening the hallway with the groups monster mash creations.

# Kate & Pa-lin



Duncan uses his great communication skills to make choices in the art and craft program. Pictured above, Duncan chose a kookaburra and wanted to use warm and cool colours to dot paint.



Tara has been showing great independence in the art room recently and follows instruction well. With some encouragement, Tara is able to art & craft up some beautiful pieces including this calico bag she is pictured painting.



Marie engages in the social side of the art & craft group. Enjoying a chat and catch up with her friends while decorating a mug to take home.



Jessica continues to attend her day programs at Mulleraterong and enjoys learning new skills in the art & craft program as pictured—Jessica practicing cross stitch for a bag she has decorated.



Cameron is supported to engage in activities which are of interest to him. Cameron likes trains, and with that knowledge staff were able to assist Cameron to design and paint a bag with a steam engine.



Judy enjoys trying new things in art and using different mediums. Pictured is Judy using water colour to paint a cherry for a fruit bowl display. Judy found that adding more or less water changed the colour.



Myrna loves painting and is also very encouraging to others. With some assistance Myrna traced her hand and then painted it brown to make it the trunk of a tree, then used warm colours for the leaves of autumn.



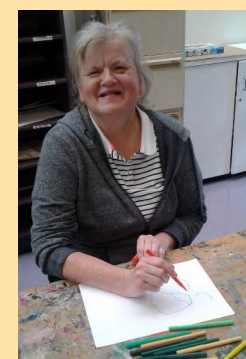
Annie is happy when she gets to spend time with people who share similar interests as she does in the art & craft program. Janette is pictured with Annie assisting her to trace her hand and then paint a tree.



Janet using a skewer to do our version of dot painting. Janet is painting a koala in warm colours using circles on the paper as a guide for where the dots can go.



Jenna mixes lots of colours to get some really cool effects, whether it be using pencils or paint as her medium. Pictured—Jenna has used bold acrylic paint on a calico bag to make her design.



Kerrie likes being with her friends and catching up in the art & craft program. Kerrie can use a variety of mediums to create some really great patterns which are very effective.

## Kate & Janette

# Country Music & Movement

Country Music & Movement is intended for those who enjoy country music. Each person takes their turn to choose a song and everyone gets to clap along as well as playing an instrument. We also focus on chair exercises, both arms and legs, and encouraging everyone to get up and dance.



Nic V



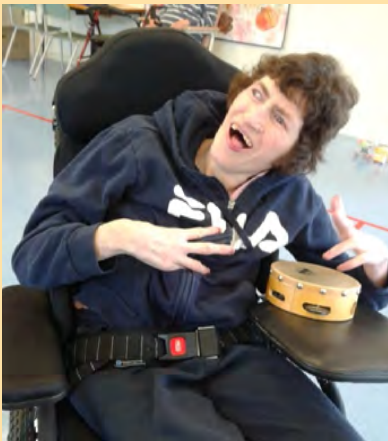
Simone



Tim



Philippa



Annie



Shane



Kate & Troy



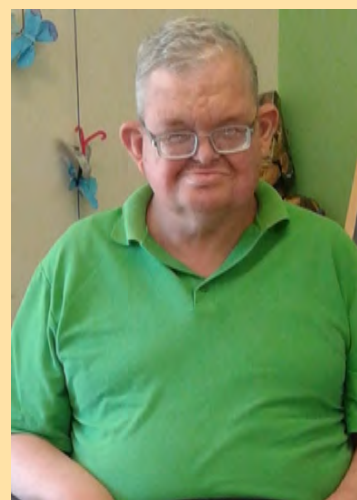
Tara



Janet



Jenna



Stephen S

Kate

# Personal Development



Tara is encouraged to maintain her independence in personal development by removing her own nail polish and applying hand cream before choosing the new colour.



Judy loves the social aspect of the Personal Development program. She especially likes having a chat to Annie then relaxing while her clay mask sets.



Staff assist Philippa to maintain her current function and mobility through massage. Afterwards, she enjoys having her nails painted with a colour of her choice.



Janet is supported in this program to maintain her social well-being. Janet enjoys a chat while in the hair stylist chair and when getting her nails done. Janet was pleased to welcome back the Hamilton College students - allowing her to expand her social network through spending an afternoon with the ladies.



One of Kara's favourite programs is Personal Development where she can independently apply her own lipstick, paint her nails and likes to spray on a bit of Tabu.

## Kate & Janette

# Personal Development



Annie is supported to interact with others and does so while having her nails painted in Personal Development. Pictured Annie and Stephen, are long time friends and enjoy each others company.



Marie wants to continue to attend programs at Mulleraterong Centre. When she isn't in the pool, Marie likes to get out of her wheel chair and to have a foot spa which she does in the Personal Development program.



Tracey enjoys being pampered in Personal Development where staff assist her with brushing out and styling her long hair into braids, making it more manageable. She also enjoys a manicure.

Kathleen has recently joined the Personal Development program and enjoys socialising with the ladies and having her nails done. Kathleen has also tried out the foot spa and has her hair braided.



## Kate & Janette



# Cooking and Gardening at the Corner



Jesse spends time with his friends, playing pool at the Corner House while lunch cooks.



Emma participates in the Corner House group on Tuesdays. She has wonderful social skills and enjoys cooking and gardening.



Jessica is skilled and quite independent in the kitchen, often using the recipes on her iPad to cook with the group. She chooses healthy options to maintain her health.



Kerrie has recently joined the Tuesday Corner House group. Kerrie accesses the community with her friends to do the shopping and helps out with the cooking and cleaning chores each week.



Stephen keeps his fitness up by walking to the Corner House each Tuesday and then on to the supermarket for the shopping. Stephen is our recycling guy at the Corner House, he knows what can and cannot go in the recycling bin.



Duncan is encouraged to set the table as part of developing his independence and living skills.

## Kate & Michael

# Garden Maintenance



Tom has a steady hand and uses the hedger to trim back the bushes at the Centre.



Neil likes to keep busy and is always on the go. One of the many jobs he does is tidy up the courtyard using the blower.



Casey doing a great job of cutting back the bushes at the Centre.



Tyler is learning how to use the ride on mower.



Evan raking and cleaning up at the Corner House.



Matt does a great job cleaning up in the courtyard.

## Michael &

# Workshop Projects



Casey enjoys learning new skills working with a variety of tools and different projects. Here she is putting the finishing touches on a planter box.



Tyler likes to use the vacuum to clean up work stations.



Francis is keen to learn wood working skills, such as preparing wood for use in our building projects and using drills and measuring equipment.



Matt doing some cleaning up with the hand broom.



Phonse works hard keeping the workshop clean and tidy.



Robert working on his painting skills finishing a new table top for the courtyard.

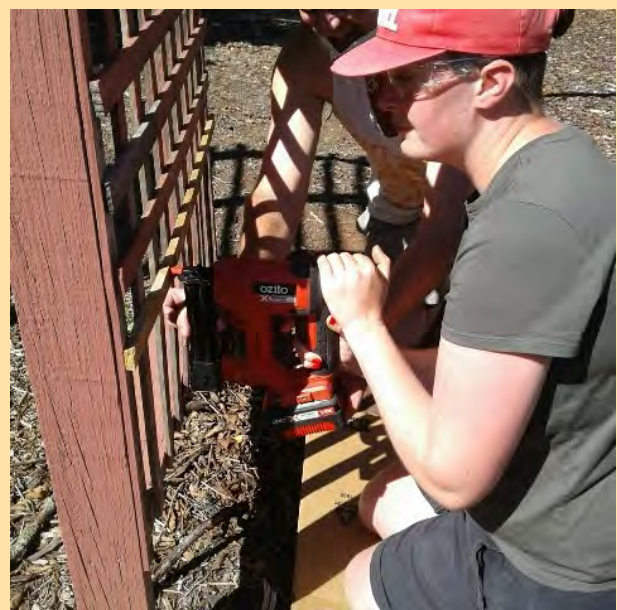
# Individualised Supports with Hugh, Sharni and Casey



Hugh likes to work outdoors. We have levelled the pavers in the courtyard, made birdhouses, tidied the lawn and gardens at the Centre and given the archway a facelift.



Sharni enjoys going for a bike ride, getting some good exercise.



Casey likes to work with her hands and enjoys gaining experience using different tools.

# Corner House Clean Up Crew

Over the last six months clients have removed the old deteriorated garden shed that was sitting out the back of the Corner House. We have also restored the fence that was falling apart. The clients pulled the palings off and cleaned them ready to paint them to put back on the fence. Through this process, all the clients helped out and worked as a team. They all learnt new skills with equipment they don't typically use.



Evan sweeping up the sawdust from the Corner House carport.



Casey sanding the fence paling ready for a fresh coat of paint.



Tom dismantling the old garden shed.



Neil, Francis and Jarrod putting a fresh coat of paint on the refurbished fence.

# Personal Shopping / Centre Shopping and Banking



Duncan will head straight into the supermarket to get a trolley, as its his job to push it in Centre Shopping. He knows exactly which aisle to go to. He then returns the trolley while we load the bus.



Brett has 2 jobs on a Monday, to purchase his scratchie from the newsagent and to deposit money at the bank. He has a great rapport with the people who serve him.



Phonse will often get his art supplies while out on Monday. Here he is getting his special Art Paper from the Spectator. He also has his own account at the newsagent where he purchases his textas.



Everyone enjoys sitting in the sunshine to enjoy their morning tea.



Evan is in it to win it! Every week he puts on his tatlotto. He has great rapport with all the staff at Slades and is always up for a chat.

## Pa-lin &

# Meals on Wheels (Monday)



Evan gets great joy delivering to his friend, Frank. He takes the meal into the kitchen and sometimes stays for a chat.



Brett's job is to help collect the full eskies from the hospital and take the empty eskies back at the end of our round. He takes great pride in his job.



Phonse is one of our hardest workers on MOW. He will deliver as many meals as possible, taking on other clients houses if they are absent.



Duncan has two houses he delivers to. He does these independently and always comes back to the bus with a smile and a high five.

Pa-lin

# Art & Craft



Jesse is very helpful in art. He often collects everyone's paint brushes and washes them at the end of a session.



Cameron has been working on an 'All About Me' book this last year. He likes to research projects and complete art works to go with it.



Kara is very good at colouring. She likes to colour in posters for our displays. She takes great pride in her artwork and has created some amazing pieces.



Marie loves to create, she is very independent and looks forward to seeing her completed works.



Duncan uses art as a relaxation tool. He likes to watch the paint as he brushes it across the paper. He has enjoyed creating projects to put on display at the Centre.



Tim likes joining in with the group art activities. He is getting very independent with his painting.



Our art group has created lots of amazing works over the past year. They enjoy seeing their projects go on display around the Centre before taking them home.



## Pa-lin



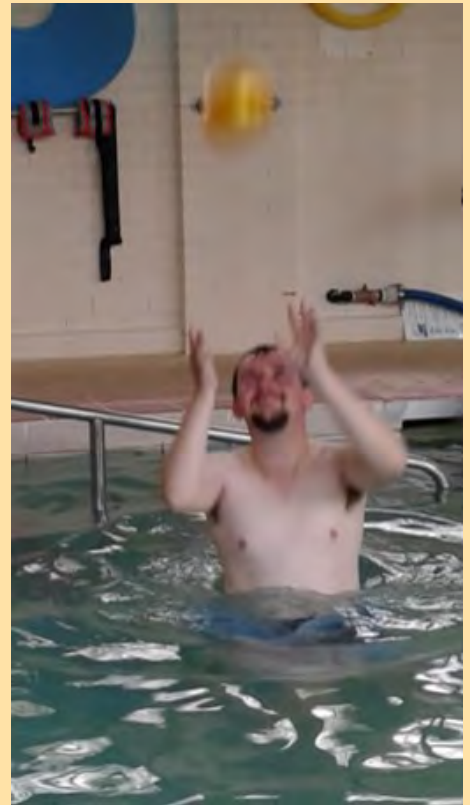
# Swimming



Jessica likes to do water aerobics in the pool, she'll use the noodles and the weights. She then swims laps before finishing with a well deserved relaxing stretch in the pool noodle.



Duncan is a very good swimmer and loves the water. He will swim laps constantly, only stopping to give his trademark smile.



Matt's favorite pool activity involves balls. He will continuously throw them to his friends to catch or up in the air to catch himself. He likes to set himself tricky missions with the ball.



Nerida has a routine of exercises that she goes through, sometimes she joins Jessica and they work out together. She also likes to swim laps with Duncan.



Tom uses his time in the pool to relax after working hard all morning. He likes to have a joke and laugh with his friends.



Jenna will walk laps up and down the pool. She always has a big smile. Walking is great fitness for Jenna.

## Pa-lin

# Individualised Support with Leigh



Leigh knows when I get his work boots that its time to mow. He has been mowing the lawn at the Centre for some time and can start the mower on his own.

He also enjoys walking around the lake, as part of his Thursday morning routine.

## Pa-lin Cooking

Our aspiring chefs get together every Wednesday afternoon and take turns each week to make a savory or sweet dish that they take home to share. Everyone contributes to deciding what to cook the next week.



Always first to the kitchen, Tim enjoys taking his yummy creations home to his friends and family.



Jessica helps her cooking friends load the oven and uses her iPad to look up recipes while we wait for things to cook.



Cameron is using his cooking skills to create delicious food to share with his family and loves crushing the biscuits for hedgehog.



Suzanne likes to find new recipes to try and then cooks them at home for her family and friends. She is very helpful in the Mulleraterong kitchen.

## Pa-lin

Sharni is sifting flour for biscuits. She loves saving her creations for her friends.



# HILAC Swim

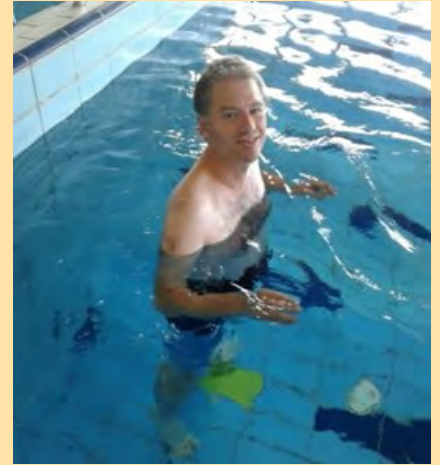
The HILAC swim is a great opportunity for clients to interact with other swimmers in a community setting.



Duncan uses his time in the pool to swim laps, he also enjoys playing ball games with his friends.



Jesse likes to play diving games, he throws the sinkies around the pool and then dives for them. He also walks laps for fitness.



Robert likes to walk around the pool. He is always ready with a huge smile for everyone swimming.



Kerrie will often find a noodle or a ball and floats around. She loves having a joke and laugh with her friends.



Jessica likes to relax after she has swum and walked laps.



Matt will ask the pool guards for a ball. He likes to throw it and get it stuck in the railings. He'll also play catch with his friends.

## Pa-lin & Mi-

# Movie Buffs

On Friday afternoons these movie buffs like to get together to watch a movie. Together they help set up the room with the comfiest armchairs and take turns picking a movie from Netflix or Disney like the Lion King and 101 Dalmatians.

It is screened from the laptop to the big T.V. Movie treats like buttered popcorn or choc top ice-creams are served. You'll often hear lots of laughter coming from the Orange Room on Friday afternoons.

When asked why they chose this program, everyone said that they enjoy each others company and winding down at the end of the week in a relaxed environment.



Tyler, Duncan, Marie, Jarrod, Jesse,



Cameron B



Nerida



Jenna



Katrina



Jessica



Jesse



Tyler



Jarrod

## Pa-lin & Kate

# Library



Each Monday afternoon Judy, Matt, Coral and Tyler enjoy each other's company in the peaceful setting of the Hamilton Library.

This program provides the opportunity for clients to improve literacy skills by reading books, magazines or newspapers that reflect their own interests. Each week we choose 6 books together which are read out loud.



Judy loves to hear the stories read aloud then she browses through cooking magazines, finding delicious food.

Matt selects magazines that reflect his interests in trucks, cars and other vehicles.

Coral independently selects and changes her library books to take home each week. This is a skill she has been working on throughout the sessions this year.

Tyler enjoys the regular routine of the library visits. He likes to look at outdoor magazines and is very helpful at cleaning the bus when we return to the Centre.



## Paul-



# PICK UPS

The Pick Ups program collects paper for re-cycling at the Centre from more than 34 businesses around town.



Coral, Judy, Myrna, Nicky K, Nick W, Kara and Leigh really enjoy getting out and about and interacting with business owners in the community as they collect the re-cycling.

Coral collects recyclables independently from the Hamilton Spectator, Bellcourt Books and Glenn Howell Optometrists. She loves the social side of the program and often has a wee chat.



Kara collects the envelopes from her Aunt Jackie at GJ Waters.

Nick W is very eager to take his turn at Southern Grampians Shire Offices & Phillips Farm Machinery and skips and smiles as he works.



Judy enjoys collecting and likes the exercise she gets from her participation in the program. She often has a wee chat at Cogger Gurry and appreciates assistance from Casey.



Nicky K. collects from Comtek Electrical and Grey St Primary. He enjoys the routine and is always ready to do his collections at his stops.



Myrna loves the outing, looking around and chatting about what is happening. Her job is to bring the envelopes back into the Centre upon our return.



Leigh enjoys collecting from Ace Radio, Wannan Water and Dan Tehan's Office. Leigh will often choose to walk between stops, enjoying the fresh air and exercise and he carries the tub which contains the re-cycling.



# PAULINE

# Tip Run



Brett watching closely as the rubbish goes into the bin at the tip.

Phonse empties the recycling and enjoys the company of the others.

Phonse raking the leaves at the tip into a pile while Troy keeps an eye on him.

Tyler looking after the papers to take to the tip.



Evan emptying the recycling into the big bin at the tip.

Nick emptying milk cartons.

Tom making sure clippings and lawn clippings are secure in the trailer.



## Sallie

# Ball Blitz



Phonse shooting hoops.



Tyler shoots hoops from the foul line.



Brett enjoys shooting hoops and passing the ball to Evan.



Tyler, Brett, Janette (staff), Phonse, Evan and Nicky having a rest after some great exercise.



Evan in action, hitting 22 goals in one afternoon.



Sallie



# Music & Games



Tara, Jenna, Myrna, Nic V and Kathleen all enjoyed using the parachute to throw the balls up in the air. It was lots of fun.



Myrna singing "Pub With No Beer" by Slim Dusty.



Jenna relaxing on the wedge while listening to John Farnham.



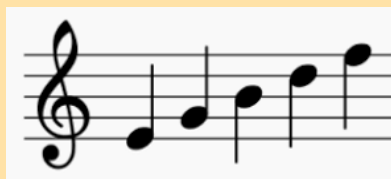
Brett concentrating on his puzzle.



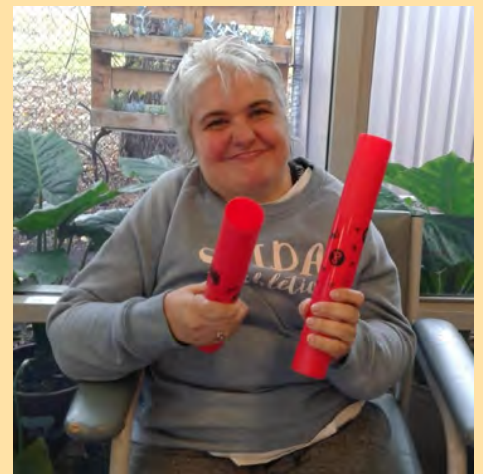
Nick Wall up doing the Chicken Dance.



Tara and Nic V relaxing on the wedge and having a chat.



Sallie



Simone using instruments while listening to "Girls Just Wanna Have Fun".

# Corner House



Marie enjoys mixing the eggs for desert.



Kathleen is using fresh vegetables for chicken stir-fry noodles.



Jesse is very independent and likes to help out in the kitchen. He was peeling carrots for chow mein.



Jarrod was beating the eggs to make lemon pudding for dessert.

Sallie

## Individualised Support with Emma

Emma uses her Individual Support to visit places of interest and join some programs at the Centre.



Visiting Wannan Falls and looking at the beautiful scenery.



Relaxing in the Centre pool.



Emma swimming laps.



Enjoying the Wannan Falls walking trail.

## Individualised Support with Ngaire



Ngaire at Dunkeld greeted by Pirate her dog.



Ngaire's Art work.



Ngaire in Dunkeld enjoying some fresh air.



Ngaire enjoying a stroll.

Ngaire (Penguins) Art work which is framed in her room.



Ngaire had a visit from her dog Pirate making her one very happy lady.



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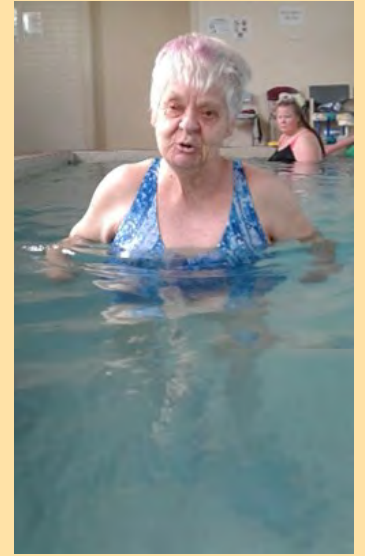
# Water Aerobics



Michael walking along the rail of the pool getting exercise.



Tracey and Tara walking up and down keeping fit and socialising with others.



Myrna does laps of the pool and enjoys the warmth of hydro pool.



Tara uses a noodle to float after her exercises with Michael.



Sharni uses a kick board with Michael and likes to kick hard up and down the pool.



Michael likes to float after walking along the rails.

Sallie

# Individualised Supports - Joel and



Joel's goal is to live independently, so his outreach support time is dedicated to learning skills to help him reach his goal including making purchases independently and learning household chores. Joel buys Subway, pays for it himself and makes sure he brings a receipt home for mum. Supports at home to learn to keep the kitchen tidy with dishes done and sweeping the floors are preparing Joel to live independently.

Joel likes to go to line dancing at the Masonic Hall. He enjoys talking to the other line dancers and we often have a cuppa and a chat after we finish.

Sometimes we go out for lunch at the Commercial or we go for a drive. Joel really loves to go op shopping as well.

Joel enjoys delivering Meals on Wheels and also cooking in his own home.

## Bev & Sal-



Emma is always happy to see me when I arrive at the Grange Hostel on Thursday mornings. She has a membership at HILAC where we go for a swim to keep her fit. We also go to the Library and have been to Portland where she enjoyed a ride on the Cable Tram. Emma also really enjoys going out into the community. Emma loved seeing all the animals on our trip to the Halls Gap Zoo.

Bev

# Donations

## 2020 / 2021

Mulleraterong Centre is very grateful to the following individuals, associations, clubs and organisations for their generous donations this year.

|                                    |           |
|------------------------------------|-----------|
| Anonymous                          | \$ 306.00 |
| Sprocket Rockets (Murray to Moyne) | \$ 202.15 |
| Party with the Ponies Sweep        | \$ 200.00 |
| Alexandra House (donation tins)    | \$ 151.20 |
| Red Carpet Hire                    | \$ 120.00 |
| Sue Ross                           | \$ 100.35 |
| Kay O'Connell                      | \$ 30.75  |
| Kerrie Irvine                      | \$ 8.00   |

Thank you for taking  
the time to read our  
Annual Report

We hope you en-  
joyed it

best wishes from  
The Mulleraterong Team